# VRC JOURNAL

THE YORKSHIRE RAMBLERS CLUB

# ARTICLES

Southern Iran

Fengshan, China

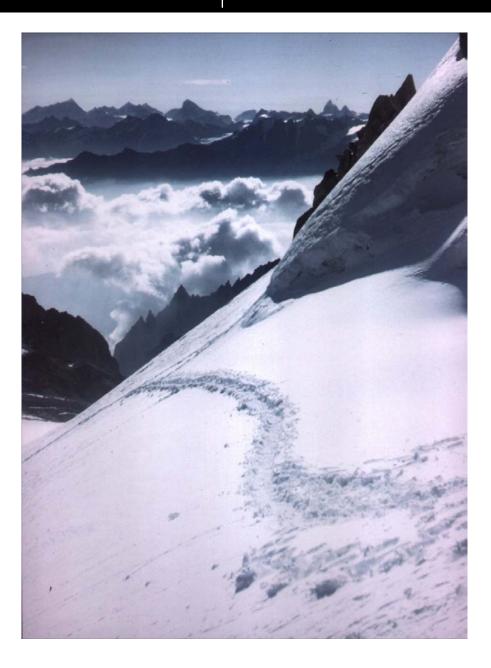
History of Caving in the North Pennines

Gliding

Images of Bhutan

Lhakang Expedition MOUNTAINEERING, CAVING ET¢.

SERIES 13 - ISSUE 6 WINTER 2008



PENNINE ALPS FROM THE FLANK OF ARGUILLE DU CHARDONNET

PHOTO - RICHARD GOWING

# The Yorkshire Ramblers Club Established 1892

The mountaineering and caving club

The Club's aim; to organise caving, mountaineering, walking and skiing excursions and expeditions, to encourage the exploration of caves, potholes and the more remote parts of the world and to gather and promote knowledge of natural history,

archaeology, folklore and kindred subjects

# Club properties



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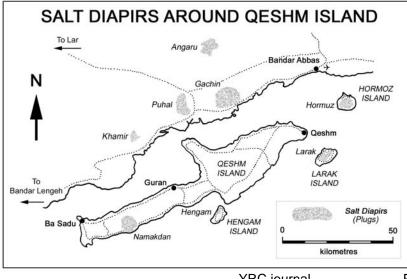
# SALT, DIAPIRS, KARST, CAVES & MORE IN SOUTHERN IRAN

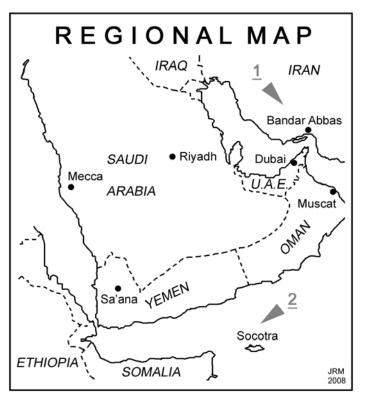
John and Valerie Middleton

Iran has arguably the finest salt karst scenery to be found on the planet and includes many caves one of which is the longest and most beautiful so far recorded. The authors visited the area in early 2008 and recount below their observations and experiences.

**Salt Domes**.... "Under high pressure, salt behaves plastically like an intrusive magma, deforming and piercing the overlying sediments. Occasionally this action will reach the surface and can produce domes and even moving glaciers upon which karst phenomena including caves may develop. The mechanism for this process is termed diapirism, hence the term diapir as a more accurate name for dome. Halite is the correct name for salt (NaCl) found within the earth, this being an evaporate mineral".

INTRODUCTION.. The salt diapirs of Southern Iran have been known and investigated for many years by geologists as such formations are important indicators of oil deposits or traps. However it was not until a combined research project by the Charles University of Prague, the Czech Academy of Sciences and the Shiraz University that any serious studies were made into the karst of these particular domes. Between 1998 and 2006 almost yearly visits were made and guite amazing speleological results were amassed. Amongst these were the discovery and exploration of 3N Cave (6,580m long) at the Namakdan Diapir on Qeshm Island, Danesju Cave (1,909m long) at the Hormuz Diapir on Hormuz Island and 19 other salt caves totalling 14,100m. In almost all these systems spectacular halite formations were to be found. Additionally 3N Cave became the longest salt cave so far recorded beating Malham Cave on Mount Sedom, Israel by almost 900m. Typical surface karst such as dolines, blind valleys, shafts, poljes and karren were also extensively noted. Karst development in salt is almost exactly the same as for limestone except that the process is faster and only happens during the short periods of precipitation. The amount and type of karst formed seems to be influenced by the thickness of impermeable caprock (usually gypcrete). Bruthans et al (2000), shows these differences in varying degrees from no cover, 0.5m-2m caprock, 5-30m and greater than 30m. The overall results of these visits on Qeshm Island gave added momentum to the creation of a "UNESCO International Geopark" in 2006.





Apart from caves the island is renowned for various other aspects of its geology, an extensive white mangrove forest (Avicennia marina) and various archaeological sites. This is the only "Geopark" within the borders of Iran. With such outstanding features southern Iran quickly rose to the top of our "must see" places and in early 2008 this ambition was achieved.

**Facts**....."There are in excess of 200 salt diapirs that occur within the Persian Gulf region....They may measure up to 17km in length and grow to over 400m high....Upward growth of a diapir can be between 3 and 6cm per year....The salt can be up to 500,000 years old and emerge from depths of 10km....

Halite formations within the caves occur in a huge variety of eccentric forms from bubbly wall coatings to 4m long curved stalactites....The latter may grow up to 20cm in a year....Most cave passageways so far investigated are thought to be less than 8,000 years old"

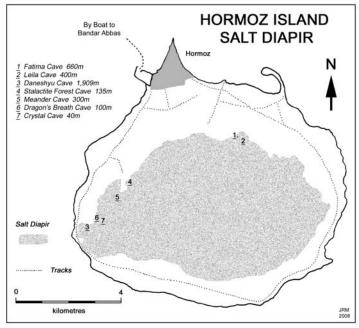
(BosÜk, 1999, Acta Carsologica; Bruthans, 2003, International Caver; Bruthens, 2006, NSS News).

#### HORMUZ ISLAND AND THE HORMUZ DIAPIR.

Hormuz Island can be easily reached with a twenty minute speed boat ride from the ferry terminals in Bandar Abbas. The island is about eight kilometres in diameter and roughly circular with a pointed extension to the north. On this point lays Hormuz town and its population of 4,000 people together with a fine Portuguese fort dating back to 1515 (well worth visiting).

YRC journal

Dominating the town to the south is the many jagged peaks of the Hormuz salt diapir which itself probably covers two thirds of the island. This diapir is particularly attractive to look at and is probably one of the finest for karst features. The interior contains many large depressions, blind valleys and collapsed dolines whilst everywhere pink to white salt exposures are etched with superb karren. Unfortunately traversing the central part of the diapir is particularly hazardous due to the many collapses and sharp jagged edges. Known caves exist around the south-east and northeast edges. Limestone forms a terrace between the domes southern side and the sea.



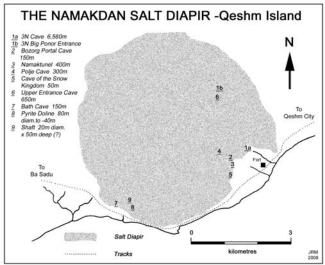
We visited the north-eastern area by first following the superb salt encrusted water course that almost reaches the dirt road as it circumnavigates the island. This stream is a dazzling white that contrasts sharply with the red iron enriched streambed where it is exposed. The stream, non existent whilst we were there, can be followed to Fatima Cave. This is 660m long, is extremely well encrusted with crystals and formations and is also challenging due to being rather complex and low in its middle section. The cave exits into the Malé polje where it then divides.

To the right (upstream) it emerges from a short choked cave and from straight on it emerges from the 400m long Leila Cave. This is also beautiful but considerably more awkward and wet. Before making this cave excursion we climbed onto the diapir and scrambled over it to view the Malé polje from above.

The dramatic overview fully compensates for the effort expended.

Our trip from Bandar Abbas and back lasted about nine hours. To visit the caves of the south-west would take considerably longer due to their distance – unless it was possible to negotiate for one of the few vehicles on the island.

#### QESHM ISLAND AND THE NAMAKDAN DIAPIR.



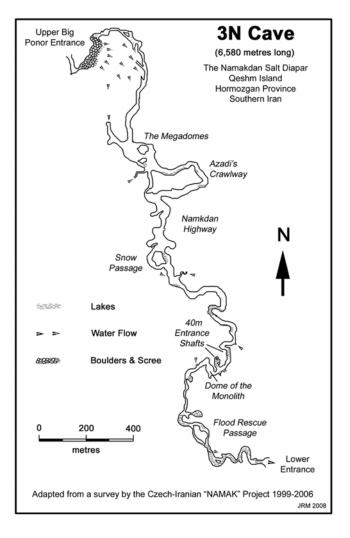
This, the largest Iranian island, is 135 kilometres in length and covers almost 1,618 square kilometres. It may be reached by small passenger boats direct from Bandar Abbas or on large vehicle ferries from Pahel.

The Namakdan diapir is situated at the islands western end but before reaching the salt dome several interesting features may be passed. Close to the vehicle ferry is the fascinating port of Laft with its old buildings, wind funnels, alleyways, museum, harbour and 52 (?) excavated water holes. The latter were once filled in the yearly rains and then each had to last all the villagers for one week. Nowadays the fresh water comes from the mainland. "Star Valley" not far from the south coast is an area of amazing erosion features whilst near to it are the troglodyte dwellings of "Kharbas".

There are other very impressive erosion features all along the southern dirt road leading to the salt caves so this trip can take quite a long time!

Namakdan itself is roughly 6 kilometres in diameter and almost 200 metres high. The dirt road traverses between its southern edge and the sea with all the currently known caves being easily found and accessed from this. The edge of the diapir has very steep and often loose faces but there are several valleys that give entry to the interior. It is well worth investigating these as the surreal karst scenery is outstanding. Blind valleys, dolines, poljes, caves, great shafts and karren abound as do collapsing surfaces and loose scree underfoot. Our first cave visit was to the obvious Namaktunnel (N26°36'43.9" E55°30'47.3" alt. 18m) with its 12m wide and 8m high entrance from which gently flowed a small stream much covered by snow white crystals.

Once inside the passage walls were beautifully banded from clear crystal through to various shades of red, brown and purple often with more snowy growths. Interesting shaped stalactites hung at amazing angles with the finest being found in a large terminal chamber reached after a 10m long crawl. The temperature in this chamber was an impressive 28°C (Bruthans, 2003, states that the recorded temperatures in Namakdan caves varied between 21°C and 30.4°C).



Cave of the Snow Kingdom (N26°36'43.1" E55°30'44.7" alt. 19m) is found within a few tens of metres of Namaktunnel and whilst it has an uncomfortable flat out crawling entrance the ensuing formations are well worth the discomfort. Around the corner eastwards and slightly higher the Bozorg Portal Cave (N26°36'51.9" E55°30'44.3" alt. 32m) has, in its 150m length, a chamber measuring 50mx25mx15m high. The walls are again superbly banded and some good straws with attached helictites occur in one corner. Polje Cave (N26°36'58.6" E55°30'32.3" alt. 45m) is situated in the side of a large enclosed depression about 400m from Bozorg Portal Cave and reached by a crumbling track. The scenery is once more superb. We thought that the cave itself and formations were some of the finest to be seen even though it only has a 300m length. The main passage is frequently 10m wide and up to 15m high leading to an exit (N26°36'59.9" E55°30'37.2" alt. 43m) that returns to the depression. Profuse displays of halite formations cover the walls, ceiling and often the floor. Very impressive!

The main reason for and obvious highlight of our trip was the 6,580m long 3N Cave (N26°37′03.9″ E55°31′00.4″ alt. 13m). This is situated in a small blind valley about one kilometre eastwards from Namaktunnel. It is easy to find as an obvious stream resurges and flows down to the sea. For most of the streams length it is 80% covered by a sheet of dazzling white salt crystals rather like ice. As for the cave, superlatives cannot begin to describe its treasures. There are awesome chambers - Hangar Hall is 35mx20mx16m high; Dome of Monolith 40mx20mx15m high and The Megadomes, two

connected chambers 200mx100mx2-8m high. Passageways can be anything up to 40m in width, usually with spectacular banding. The frequent clusters of halite formations are always breathtaking and are here at their finest. One hundred and sixty metres from the entrance there is a lake whose depth seems to vary each year depending on the amount of damming material. The lake may be up to 300m long and is passed by uncomfortable crawling. About one kilometre from the entrance are three 40m deep shafts connecting to the surface. Entry through these is the best way to reach the further reaches of the cave but finding the correct shaft amongst a multitude of shafts is not easy! At the very upstream end of the system it is possible to exit or enter via the Big Ponor Entrance (N26°27'43.3" E55°30'39.1" alt. 80m) but this is generally considered complicated and dangerous due to loose rock. Viewing this entrance is probably better via a worthwhile excursion over the karst. When walking on the surface between these two entrances the GPS traversed distance was 3.3km. An underground return trip to the area of the shafts, as was done by our small team, takes around 4 hours.

At the south-western corner of the diapir we visited the short but attractive150m long Bath Cave. The most notable feature of this is the salt encrusted resurgence stream which flows into a salt covered shallow lake and then to the nearby sea. Following the dirt track westwards it is possible to look back at good views of the Namakdan Diapir and see the actual beds of limestone that it has uplifted. As this road then turns north and then east towards the ferry many more erosion features can be spotted.

OTHER DIAPIRS OF SOUTHERN IRAN. We passed many diapirs on our travels but only extensively visited two, Gach and Siag Tagh, both in the vicinity of Lar. We chose these because of their easily accessible glaciers, a feature that we had not previously seen. Gach was the first of the two that we reached on a road that conveniently followed its westward side for several kilometres and then turned eastwards almost directly under the glaciers snout. The views were classic with an obvious dome on the edge of some mountains that had then flowed onto and across the flat plain southwards for about 6km distance and 4km width. Unfortunately only very minor karst forms have been noted here. Siag Tagh was perhaps 10km further eastwards and had developed on the mountainside south of the plain. It appeared considerably more massive with an eroded but still steep sided snout well over a 100m high. Two obvious streams flowed down channels from the base of this each encrusted with the usual dazzling white salt crystals. Unfortunately the origin of the streams was through seepage rather than out of caves. Clean salt was exposed in several places with this exhibiting reasonable karren. We did spend some time scrambling over the flow but found no further obvious karst features. BosÜk (1999) notes that "Initial karst forms occur on the surface at the north" but we were not sure if it was limited to just what we viewed. Further eastwards still we could see the Chahal diapir which is reported to have numerous karst features including caves and springs (Bosák 1999).

Chahal was unfortunately much higher up the mountains and a very long walk! We were informed that very active salt

glaciers can move up to 2m per annum but we did feel that Chahal and Siah Tagh were no longer in that category.

On our trip to and from Qeshm Island we passed close to Puhal diapir and made several roadside stops. The dome is very prominent and particularly colourful. A small glacier can be seen and it is reported that dolines and shafts occur on the summit plateau (Bosák 1999). There are obvious and good examples of residual sediments.

OUR TRIP. Valerie and I were joined on this trip by Tony and Jan Waltham. Tony is a geologist and his patient explanations of everything that was happening around us immensely increased our appreciation of all things "salted". For the three days at Namakdan we were also joined by Colin Boothroyd who was working in the Emirates at the time. Because we also planned to continue to Socotra and the Yemen we flew to Bandar Abbas via Dubai and then stayed at the rather fine "Homa" Hotel. We used this as a base to visit Hormuz Island and for our first and last day. Bandar Abbas is a large sprawling city made rich and busy by being the second largest port in Iran. Unfortunately it does lack character other than that of the very friendly population. Our second base was wild camping by the salt diapir of Namakdan on Qeshm Island. It is necessary to bring all food and water here as there is none for at least 20km in any direction. The nearest hotel is in Qeshm city almost 100km away. Our final base was at the excellent "Tourist Hotel" in the beautiful city of Lar with its ancient Partheon/Sasanid citadel, superb bazaar and buzzing streets. From Lar we visited several nearby salt glaciers and could happily have stayed many more days.

Iran proved surprisingly easy to visit. Initially a recognised agent has to be contacted in order to obtain a special access number from Tehran (a Tour Agent or someone recommended by the Iranian Consulate). This took about 4 weeks but once received a tourist visa costing £68 (2008) was obtained from the London Consulate within three days. Movement within the country was unrestricted and apart from the occasional polite road check we never had any hindrance. Initially we did not like the idea of us men having to wear long trousers and long sleeves nor the women having to be constantly covered from head to toe.



The northern edge of Siah Tagh diapir with Chahal diapir in the background, Lar.

However we quickly accepted it and it became obvious that the local people appreciated our efforts. Our visit dispelled many misconceptions that we all had regarding Iran and its people prior to our arrival and we cannot recommend too highly a visit to this fascinating country.

#### ACKNOWLEDGMENTS.

Top of our list must be the Iranian people whose welcoming friendliness and desire to help made this trip such a pleasure. Mehran Etemadi was our knowledgeable guide who is now also an enthusiastic caver whilst Reza drove the vehicle and kept up our energy levels with his mouth watering cooking. Nasrin Harris of Persian Voyages, Dorking. (www.persianvoyages.com) efficiently dealt with the complex logistics of our little travelled route. We must even thank the Asseman Airline staff, the Iranian Immigration Authorities and the Customs Officials of Bandar Abbas who all made life easy for us! Thank you all.

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Halite helictites in Polje Cave, Namakdan.

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Top left - Fresh water reservoirs in Laft, Qeshm Island.

Top right- Ancient troglodyte dwellings at Kharbas, Qeshm Island.

2nd left - Colin and formations in Cave of the Snow Kingdom, Namakdan.

2nd right - The 3N Cave entrance with our party. The fallen blocks are recent. Namakdan.

3rd left - The passageway in 3N Cave just before the Lake and Crawlway, Namakdan.

Above - Colin in the entrance to Polje Cave, Namakdan.

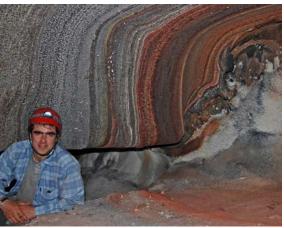
Left - A salt streamway at the base of Siah Tagh diapir, Lar.

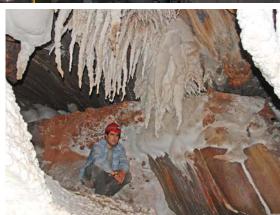
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Hormuz Diapir from Hormuz town, Hormuz Island.

Mehran and salt banding in Fatima Cave, Hormuz Island





Mehran and typical halite formations in Fatima Cave

Halite formations in 3N Cave, Namakdan.



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GLAN DENA MEET MARCH





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Llyn Ogwen and yGam from Glan Dena hut

Outflow from Llyn Ogwen

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# TO FLY LIKE A BIRD

I have just returned from a visit to the Alps and spent several hours at a paragliding and hang-gliding festival called the Coupe Icare (the Icarus Cup) which is held each September at the normally quiet farming village of St Hilaire du Touvet in the French Alps in the Chartreuse mountains, 25km east of Grenoble.

Amongst other attractions and activities including a mass hot air balloon ascent and microlight acrobatics displays, hundreds of paragliders and hang-glider pilots compete in a flying fancy-dress parade. The event is held over several days and attracts spectators from across the Alpine region.

The winners can look forward to seeing themselves on local and national TV and in the papers, and meeting with similar nut cases in the various bars to discuss what happened this year and plan for their costumes for the next year.

A star attraction at this year's event was Shere Khan, an eagle with a wing span of seven feet trained to launch and

fly with a pilot and and falconer flying a tandem paraglider

The falconer in the front passenger seat was calling the bird to his arm in mid-flight which was certainly impressive. The pilot follows the bird as it finds thermals and they can fly together in this way for many hours over quite considerable distances. The technique has been developed to train orphan eagles to fly.





Some of the contraptions were very Heath-Robinson but everyone completed their descents safely. From the village at the top to the landing area and country fair at the bottom was about 1500 feet.





I have to admit I kept my feet very firmly on the ground. I have flown gliders a few times but never been allowed to take off or land and I think that is enough for me. It does however make you sit back and admire the early pioneers who were very much taking their lives into their own hands. I know we have a number of members who indulge in such pastimes but Jeff Hooper has just brought to my attention that an early member was one such intrepid soul. He has recently unearthed an article in the Ripon Gazette of 31 August 1933 as follows

GLIDING IN THE LAKE DISTRICT EXPERIMENTS BY MR. E.T.W. ADDYMAN

Mr E.T.W. Addyman, the secretary of the Harrogate Aircraft Club who has been spending the past six weeks exploring the gliding possibilities of the Lake District has returned to Harrogate delighted with the results of his tour.

The machine designed by Mr. Addyman was severely tested, 54 flights being made during the six weeks. Its improvement on similar German models is that it weighs only 195lbs. against 275lbs.; takes only 40 minutes to assemble against 3 hours; and has a better gliding angle.

Mr. Addyman, who is the first man to glide in the Lake District, says the topographical features of the Pennines are almost perfect, and he found many launching sites. In the Lake District, however, the hills for the most part were rather too close together, except around Keswick, where the hills are sufficiently far apart to allow the wind a clear upward sweep.

Jeff would also bring to our attention previous articles in earlier Club journals about Erik who was a member until 1928. Jeff had actually known this man in his later years without at that time realising he was a former member.

Erik was born and brought up in Harrogate and has many credits within the early journals both climbing and potholing. He descended Gaping Gill in 1907 and ascended Gardyloo Gully in 1911.

He was employed as a Locomotive Superintendent and became involved in climbing and potholing leading eventually to his selection as expedition reserve on the ill-fated Mallory-Irvine attempt to conquer Mount Everest in 1924.

Using the outhouses behind his home, he constructed several cars and two are thought to be surviving. In the early 1930's Erik tried his hand at gliding and then decided to manufacture his own machines in his Billiard Room! All his gliders have survived and are preserved by the Northern Aircraft Preservation Society in Stockport.

Unfortunately a serious gliding accident between Pickering and Whitby resulted in fractures to both legs and resulted in the amputation of his right lower arm. Erik died in the mid sixties.

#### Ref.

The YRC Bulletin: Winter 2000 A reminder of the YRC The Ascent of Gardyloo Gully in 1911 (YRC Journal Vol. 3 p. 320 & Vol. 8 p. 9).

The Siege of Mere Gill (YRC Journal Vol. 4 p. 30) Scawfell by Ski (YRC Journal Vol. 3 p. 209).

In the interests of continuing this tradition we had booked for six members to go gliding on the Sunday of the Bretton meet only for the weather to put paid to our plans.

# WHAT IS A HAGGIS?

# from the YRC Deeside correspondent (JH)

In preparation for reading the following it is recommended that one or two drams of Lochnagar or other whisky of choice should be taken. One or two more halfway through could be a great help.

A haggis is a small animal native to Scotland.

Because the habitat of the haggis in exclusively mountainous, and because it is always found on the sides of Scottish mountains, it has evolved a rather strange gait. The poor thing has only three legs, and each leg is a different length. The result of this is that when hunting haggis, you must get them on a flat plain - then they are very easy to catch - they can only run round in circles.

After catching your haggis, and dispatching it in time honoured fashion, it is cooked in boiling water for a period of time, then served with tatties and neeps (and before you ask, that's potatoes and turnips). The haggis is considered a great delicacy in Scotland.

The noise haggis make during the mating season gave rise to that other great Scottish invention, the bagpipes.

Many other countries have tried to establish breeding colonies of haggis, but to no avail - its something about the air and water in Scotland, once the haggis is removed from that environment, they just pine away.

A little known fact about the haggis is its aquatic ability. You would think that with three legs of differing lengths, the poor wee beastie wouldn't be very good at swimming, but as some of the Scottish hillsides have rather spectacular lakes on them, over the years the haggis has learned to swim very well. When in water, it uses its vestigial wings to propel itself forward, and this it can do at a very reasonable speed. Haggis are by nature very playful creatures, and when swimming, very often swim in a group - a bit like ducks - where the mother will swim ahead, and the youngsters follow in a line abreast.

In the water, haggis have been known to reach speeds of up to 35 knots, and therefore coupled with their amazing agility in this environment, are extremely difficult to catch, however, if the hunter can predict where the haggis will land, a good tip is to wait in hiding on the shore, because when they come out of the water, they will inevitably run around in circles to dry themselves off.

The largest known recorded haggis (caught in 1893 by a crofter at the base of Ben Lomond) weighed 55 lbs.

No one has as yet been able to ascertain the sex of captured haggis, and partially because of this, scientists assume the haggis is hermaphroditic. This may also be a product of evolution, and does explain the logistic problems of bringing two haggis together - after all, sure footed though the beast is, if two were to mate on a Scottish hillside, it is a long fall down, and a slip at the wrong time may very well result in a reduction by two of the total haggis population.

What is known about Haggis breeding is that, several days prior to giving birth, the Haggis make a droning sound - very much like a beginner playing the bagpipes for the first time - giving rise to the speculation that the bagpipes were indeed invented in Scotland, simply to lure unsuspecting haggis into a trap. At the onset of this noise, all other wildlife for a five mile radius can be seen exiting the area at an extremely high rate of knots (wouldn't you if your neighbour had just started to play the bagpipes?). The second purpose of the noise seems to be to attract other Haggis to the scene, in order to lend help with the birth. This also gives rise to the assumption that Haggis are tone deaf.

Haggis normally give birth to two or more young Haggis, or "wee yins", as they are called in Scotland, and from birth, their eyes are open, and they are immediately able to run around in circles, just like their parent.

The wee yins are fiercely independent, and it is only a matter of weeks before they leave the parent, and go off foraging for food on their own, although it is perhaps a two or three year period before they are themselves mature enough to give birth.

Most Haggis hunters will leave the wee due simply to their small size, but when attacked by other predators, they are still able to emit the bagpipe like sound, which again has the effect of very quickly clearing the surrounding area of all predators, and attracting other Haggis to the scene. This results in a very low infant mortality rate, with most wee yins actually making it to adulthood.

The lifespan of the Haggis is again an unknown quantity, but from taggings done in the Victorian era; we know that some haggis live for well over 100 years.

With thanks and appreciation to, Gordon's Tea Room & Restaurant, Braemar, Aberdeenshire, Scotland.

We may well scoff but a recent survey discovered that 90% of visitors to Scotland did indeed think the Haggis was a wild creature and 92% of Scots actually believed it was edible.

Ara Ara Ara Ara Ara

#### THE ISLE OF SKYE

These verses are attributed to Sheriff Alex Nicholson of Skye (circa 18 something)

Lovest thou mountains great, peaks to the clouds that soar, corrie and fell where eagles dwell and cataracts dash evermore? Lovest thou green, grassy glades by the sunshine sweetly kist, murmuring waves and echoing caves; then go to the island of mists.

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If you are a delicate man and of wetting your skin you are shy, I'd have you know before you go you'd better not think of Skye

# IMAGES OF BHUTAN

Pictures taken on the recent meet









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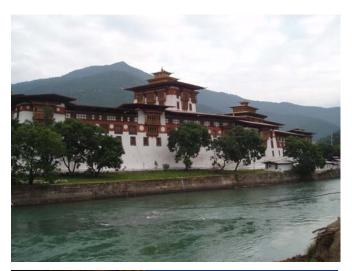








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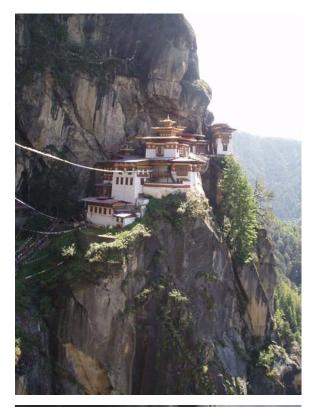


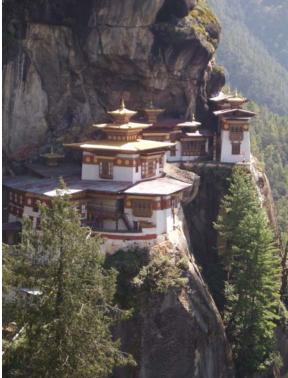






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# CAVES AND KARST OF FENGSHAN, CHINA.

# Article by Ged Campion

The caves of Fengshan have been explored by three Sino-British expeditions between March 2004 and November 2005. The significance of these explorations was highlighted in 2005 when the Jiangzhou area of Fengshan was given Geopark status.. As Club members continue on their work on this project it is perhaps time for an update of the situation so far and as Ged Campion has just penned an article for the British Cave Research Association it seems timely to reproduce this extract.

The Jiangzhou cave system has a surveyed length of 38.5km, the second longest cave in China. Many interesting leads still exist in the system, and the possibility of linking Jiangzhou to other caves means that it has considerable potential to be extended in the future. The caves of Fengshan are described, with observations on the development of the karst and the speleogenisis of the Jiangzhou system. The delicate balance between the needs of the population, tourism and conservation is also assessed.

#### THE KARST OF SOUTHERN CHINA

Parts of China's Guangxi province are considered to have some of the most spectacular karst in the world. This mucheulogised landscape cannot fail to impress even the most seasoned traveller, with its towers, arches, dolines and tiankengs of incredible dimensions. The vast area of limestone terrain is characterized by a sub-tropical climate, and has fenglin and fengcong karst at altitudes from 150m to 2000m above sea level. The Bama and Fengshan areas are particularly striking, with an array of karst features that include the massive Haolong and Jiaole tiankengs in Bama and the sprawling Jiangzhou cave system in Fengshan; this cave is currently the second longest in China.

The Jiangzhou natural arch, which forms a gateway to the village of the same name, is one of the largest of its type in the world. The spectacular landscape and the huge caves are the product of millions of years of karstic erosion, in a favourable tectonic environment and under favourable climatic conditions with no glacial interference.

Along with most of the caves in southern China, those newly discovered in Fengshan lie in a massive limestone sequence that extends from Devonian to Triassic in age. All of this limestone was folded during orogenic phases in late Triassic and Cretaceous times.

Throughout Tertiary times, most of southern China had a humid, Ntropical-subtropical or humid-temperate climate that greatly favoured karst development; then in the Pleistocene, the regional climate became hot and humid, and has remained so to this day. The karst has therefore developed over a very long period. China has about 2.6M km<sup>2</sup> of karst, with about half of it (and most of the mature karst) concentrated in the southern provinces (Yuan, 1991; Zhu, 1986). The tiankengs found in this area are also of particular note. Now recognized as giant collapse dolines, tiankengs have only recently entered our vocabulary, but their discovery and documentation in Guangxi has been prolific (Zhu and Chen, 2005). Baidong and the giant Dashiewi tiankengs, in Leye County, were examined by the China Caves Projects in 2000, as were the Haolong and Jiaole Tiankengs in Bama more recently.

The caves of Fengshan lie mainly in the areas of fengcong karst, also known as cone karst because its clustered peaks commonly have a conical shape.

Fengcong predominate in the Jiangzhou area. The floors of the inter-cone depressions are distinguished by the presence of sinkholes, shafts and large fossil cave entrances. Local relief within the fengcong karst ranges from tens of metres to over 500 metres. One of the most important features of the fengcong geomorphology is the lack of rivers and surface water courses, as all drainage sinks into the cavernous limestone. The development of these often spectacular landscapes is the product of a complex interaction between tectonic, lithological and climatic factors.

#### THE FENGSHAN AREA

Fengshan county lies around 40km south of the large town of Tian'e. Reaching it used to require a road journey of almost three days from Guilin, but a newly constructed motorway has brought it within one long day's drive. It still retains a sense of remoteness, compared to other counties of Guangxi. Approached from the north, the winding road from Donglan plunges down the mountainside with spectacular views of Fengshan town squeezed in among the karst hills. Hundreds of years of farming on the alluvial plain below have provided a spectacular tapestry of greens and browns intermingled with shimmering water in circular concrete tanks and elliptical pools, there to sustain life in this sometimes parched landscape. The Qiaoyin River flows through the town after emerging from Chuan Long Yan (Factory Cave) with tributaries from other smaller caves in the local catchment.

Fengshan County covers an area of 1738km2, and contains eleven towns with a total population of 190,000, where 58% of the people are Zhuang, 35% are Han Chinese, and 7% are from the Yao minority. Fengshan town bustles with activity and life, but this is a very poor area of China, where there is little industry and where farming is a struggle; there is no promise of a large hydro-electric scheme as in the neighbouring Tian'e county. However, Fengshan does have its own treasures, in its mountains and rivers where gold, aniseed, and numerous exotic plants have been found, along with Fengshan's own breed of famous black pig.

Tourism is also developing, and caves play a significant part in this. The two local show caveS, Yuan Yang Dong (high in the hills just east of Fengshan) and San Men Hai Dong (the resurgence of the Ma Wang cave system 12km to the south) are visited by large numbers of the aspiring middle classes from Nanning and Liuzhou.

The area is dominated by massive limestones of Devonian and Carboniferous age, with a thin band of Permian carbonate cropping out in the southwest. The two most cavernous sectors, within the Qiaoyin and Xialijing drainage basins in the east, and the hills of Duyang Shan that contain the Ma Wang and Jiangzhou caves in the west, are separated by a tight syncline of Triassic sandstone and shale that extends from north to south. The limestone outcrops nearly pinch together at Pao Li village, where the waters of the San Men Hai resurge below the Ma Wang cave and flow overground into the eastern basin. The Xialijing limestones continue south across the county boundary into Bama, where cave rivers south of Yueli and Poyue (surveyed by the China Caves Project in 1988:Gill et al., 1990) eventually resurge at Beimo.

The Jiangzhou and Ma Wang sectors in the west have been the main objective of recent explorations. This cavernous area of karst, dominated by fengcong terrain is underlain by 38.5km of cave in the Jiang Zhou system in the south and by 12km of passages in Ma Wang Dong in the north.

North of Jiangzhou, and west of Ma Wang, truncated lengths of very large phreatic cave passage extend from Si Fang Dong to the Green River sink, providing a nearly complete, but abandoned, underground highway from east to west. Beyond it, the immense passages of Mayo Li Dong and Dong Li Dong cut through the limestone hills in majestic style.

#### THE JIANGZHOU CAVE SYSTEM

The cave system of Jiangzhou underlies both Fengshan and Bama Counties in the fengcong karst of Duyang Shan. It lies about 24km southsouhwest of Fengshan town, and roughly 50km west of the Hongshui River. The nearest large village is Jiangzhou, 2km from the southwest edge of the cave system. This village has as its spectacular gateway a huge karst arch, some 30m high, which features in many tourist leaflets. One entrance to the cave is close to the village, one is at the nearby Longhuai village, and another is just to the north of the small hamlet of Dalue.

In all, there are eight known entrances into the Jiangzhou cave system, which lies beneath a typical fengcong karst, and has 38.5km of passages mapped to date. The main entrances and the abandoned sections of the cave lie 50 to 100m above the alluvial plain. Cave passages are in the main large, dry, abandoned trunk routes. The main tunnel is breached in majestic style by a spectacular collapsed doline, the Herb Garden, which houses a lush tropical forest isolated by its perimeter cliffs. The Man Fei entrance to the system is also spectacular, and is very accessible from the road between Jiangzhou and Fengshan.

One of the most enduring features of the Jiangzhou cave system is the continuously large old passages.

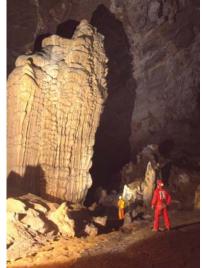


The Jiangzhou trunk passage, Appian Way, inside the Man Fei entrance

Much of these are 30 to 50m high and wide, and the volume of the entire cave system could total about 28.9M m3 (Dale and Harrison, in press). These huge passages were formed under phreatic conditions, and there is ample evidence of this speleogenisis in many parts of the cave.

The floors of these passages and chambers have some areas obstructed by massive boulders piles, behind which accumulate in-washed clastic sediments along with insoluble residues. In some parts of the cave, invasive seepage makes passage floors muddy and awkward to traverse during and just after the rainy season.

However, passages are routinely decorated with speleothems, especially flowstone, giant stalagmites and gours, some of the most spectacular of which are located in the Colossus area, Hijack Passage and the upper galleries in the far reaches of Hijack Passage.



Large stalagmite formations in the Appian Way

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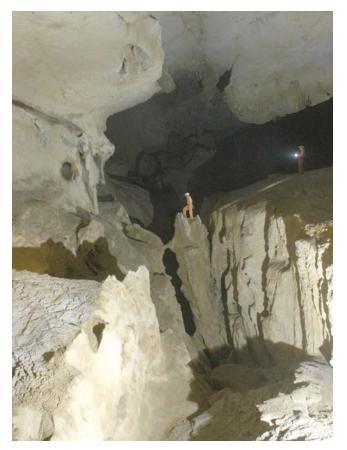
Considerable exploration effort has been expended to try to locate an entrance to Jiangzhou in Bama County, thereby creating a back door into the cave. However, despite reaching tantalizingly close in both Crystal Palace Cave and Da Shang Dong, no connection has yet been found. There is no evidence that Jiangzhou has been used for ritual purposes or for burials. However, substantial defensive dry stone walls in the Man Fei entrance and the Herb Garden doline suggest that there might have been turbulent times during the past, in this otherwise quiet part of China.

#### Speleogenisis of Jiangzhou

The consistently large size of the passage is a major feature ofJiangzhou. There is little or no dolomite within what appears to be a very pure limestone succession (Dale and Harrison, in press), and there are no major faults in the area. So it appears that the large scale of the passage development has been largely due to a long period with major water flow through the phreatic zone. Vadose percolation along joint planes has caused further dissolution and subsequent collapse. Major inputs of autogenic drainage in each depression within the fengcong karst have accounted for many of the branch passages that converge on the main trunk cave. The large size of Jiangzhou's passages might therefore be more attributable to climatic conditions prevalent during early stages of the cave development, notably to the high carbon dioxide concentrations in the waters influenced by the abundance of tropical vegetation and high temperatures that existed in southern China throughout Tertiary times (Yuan, 1991).

Under favourable conditions a cave can enlarge from a tube 10mm in diameter into a tunnel 10m in diameter within a time span of 5,000 to 20,000 years (White, 1988); the Jiangzhou caves appear to have a history much longer than that. Changes in flow direction and hydraulic gradient towards the evolving Hongshui trunk river, which arcs round the north and east sides of the limestone block, might also have played a significant part in Jiangzhou's development. The cave appears to have formed largely during thePleistocene Period (1.8M to 10k years ago), within the same time as have the tiankengs of southern China (Zhu and Chen, 2005). The proximity of the Long Luo tiankeng, a huge shaft over 150m deep just north of Jiangzhou, indicates the close relationship between the formation of the cave river passages and the tiankengs in this karst.

Underlying the main levels of abandoned cave passages, there is an extensive active system that can be reached at various points by descending large and impressive, elliptical shafts in the floors of the main levels. Some of these shafts are more than 100m deep, and some also extend upwards to daylight. The cave rivers pass through numerous flooded sections, so that only short and immature sections of vadose river passage have yet been found. Rivers from the alluvial plains have transported large quantities of clastic sediment in through the main sinkholes, creating areas of massive infill and blockages within the active passages. Within the fengcong, many dolines have floors choked with sediment at levels well above the cave rivers, as for example in the doline just east of the Man Fei Sink.



Deep holes in the floor of Jiangzhou's old trunk passage, near the Man Fei entrance.

#### OTHER CAVES IN FENGSHAN

Beyond Jiangzhou, significant caves in the Fengshan karst include Maguai Dong, lying in thin Permian limestones west of Ma Wang Dong. The entrance to this cave is located in a deep, heavily forested, elliptical doline that is well guarded by cliffs at its southern end. A karst arch provides a bridge for the road, and the drivers of heavy vehicles thundering across are blissfully unaware of what lies below. Deep in the doline, a howling draught and a shaft guard access to a river that is believed to resurge at the bottom of a gorge a kilometre away to the north.

Just south of Fengshan town, the caves of Hei Dong, Liang Dong (Light and Dark caves), Pan Yun Dong and the 70m shaft of Biao Dong cluster near to the village of Ping Shang. Liang and Hei Dong are segments of large, well-decorated, abandoned cave, with a collapse doline exposing their entrances. Conversely, Pan Yun Dong has a small and remote entrance in the side of a craggy hill; but it opens out into immense and well-decorated chambers where, sadly, there is much evidence of speleothem removal and damage. Pan Yun Dong almost certainly forms the back door of Hei Dong, but no connection has been found to date.

The valley north of Ping Shang was the objective of an Italian expedition in December 2004 and January 2005.

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The team surveyed and explored a number of caves by Ping Shang village, including Poxian Dong surveyed for 1.3km, and also Sicily Dong with its large and well-decorated chambers that have since been opened as the show cave of Yuan Yang Dong.

The Pingle area, northwest of Ma Wang, has also been found to contain a variety of caves and karst features in Permian limestones, including a number of shafts and some quite exceptional poljes on a scale not normally found in this area.

Yu Long Dong, located northeast of Jiangzhou and midway between Fengshan town and the Beimo resurgence, has 4km of very large abandoned passage, but its exploration was marred by the considerable destruction of speleothems by local people who were harvesting the cave decorations for illicit trading.

Rather more endearing examples of how caves and people coexist in China were well illustrated when expedition members visited Chuan Long Yan (Factory Cave), near the town centre of Fengshan. This has a huge entrance, some 70m across and 50m high, with a sizeable river flowing out. It is a truncated section of huge cave, now about 200m long (Fig.10). The area inside the cave had been totally divided up between stalagmite bosses and other spelothems, and then littered with industrial space housing units for the manufacture of concrete blocks, grave stones, telegraph poles and a whole host of other assiduously crafted goods, all reached by the cave's internal road. The non-stop activity, the deafening machines, and the glare of mains electric lights give this cave environment a strangely surreal atmosphere, quite alien to that to which we are accustomed - an example perhaps of nature not quite in harmony with technology.

An ornamental bridge spans the river at the northern entrance to the cave. On the east bank of the river, a sizeable tunnel illuminated by fairy lights, leads up a slope to an old Taoist shrine, with assembly seating and an altar laden with effigies and candles. There is no space in this huge cave that had not been put to good use. Chuan Long Yan forms a part of the Qiaoyin River Caves system, which emerges in Fengshan and flows south to Bama county, intersecting more karst that is yet to be explored.

#### **Exploration opportunities**

The caves of Fengshan, and especially the Jiangzhou system, provide many opportunities for further exploration. Some of the underground traverses in Jiangzhou are relatively easy, whereas others are long and strenuous. Continuously large passages ensure that large distances can be covered in relatively short times, though climbs, traverses and rare shafts punctuate the walking sections and provide suitable sport. A traverse between the Man Fei and Long Hai entrances can be completed in three hours and route finding is quite straightforward. In contrast, a visit to the far reaches of Highjack Passage is much, more committing as it involves a return trip of 16km of caving,

following the Hochiminh Trail and climbing up and down huge boulder slopes in gigantic passages where cairns help to indicate the route. A traverse of the Man Fei to the Dalue entrance provide classic caving in the very best tradition, traversing high above Colossus to the Dambuster Passage to take in some stunning rock scenery and spelothems.

#### MAN'S IMPACT ON THE CAVES

It would seem that generations of local villagers have explored many of the dry and abandoned cave passages, and have even descended some of the shorter vertical shafts (notably in Hijack Passage in the Jiangzhou system), risking life and limb to extract speleothems for financial gain. This has left well-worn paths that penetrate to even the most remote parts of the system, and has inevitably caused despoliation of the cave decorations and removal of many of the most impressive features.



Speleothems near Shaftlands, at the northern end of the Jiangzhou cave system.

In Yu Long Dong, bamboo scaffolding has been erected to reach the finest stalactites hanging 30m high on the passage roof. In order to address the problem of speleothem removal from the caves, much work will be needed to re-educate the local people. This must make them aware of the unique resource that they have in their possession, in terms of tourist potential, and also of the long-term economic benefits a Geopark could have for the locality. Conversely, it is important to consider what impact increased tourism might have on the area in terms of conservation; it could bring some disadvantages, but it could also justify better local roads and infrastructure. This is a delicate balance that has to be considered in any future planning at Fengshan.

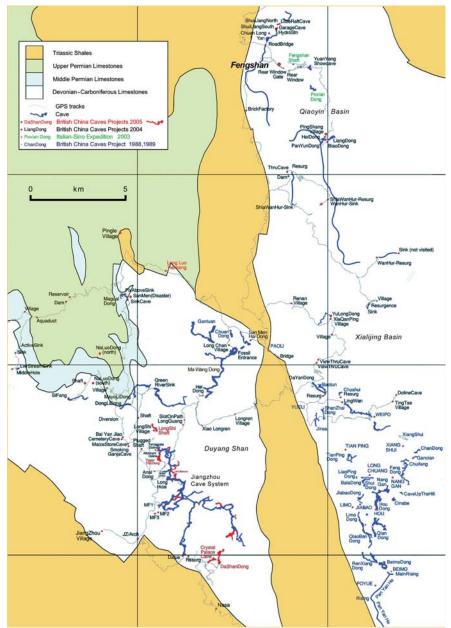


The road bridge over the river inside Chaun Long Yan.

Photos by John Whalley

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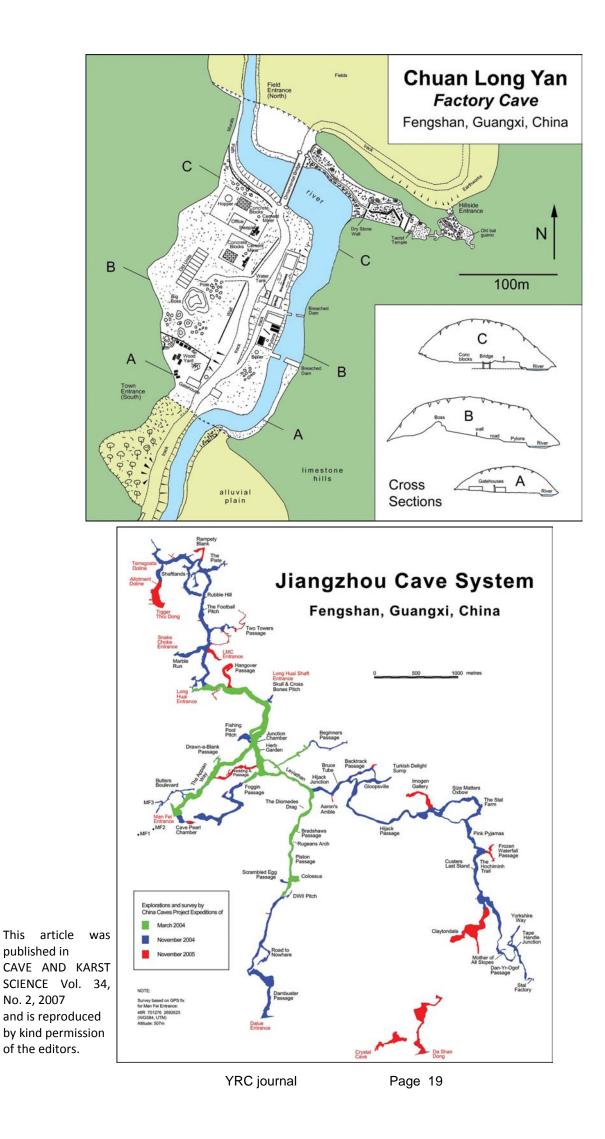
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# HISTORY OF CAVE EXPLORATION IN THE NORTHERN PENNINES **OF ENGLAND:**

# THE WORK OF THE CLUBS, 1892 - 1945.

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Abstract: The paper records the trends of cave exploration in the English Northern Pennines between 1892 and 1945. With the exception of Stump Cross Cavern<sup>1</sup>, White Scar Cave<sup>2</sup> and Lost John's Hole<sup>3</sup>, all the major discoveries were made by members of the organized caving clubs.

#### **INTRODUCTION**

With the two notable exceptions of Alum Pot and Gaping Gill, all the caves explored towards the end of the nineteenth century were technically easy with no long pitch. Alum Pot had been descended in 1847 and 1870 with the assistance of railway contractors<sup>4</sup>. Gaping Gill was famously descended by Edouard Martel on 1 August 1895 with the help of the Ingleborough Estate workers<sup>5</sup>. The conspicuous open shafts were beyond the resources of individual explorers. It was the clubs that provided the human, financial and technical resources necessary for the descents of the big pitches. Organized climbing started in England in 1857 with the Alpine Club<sup>6</sup>, but its founder members had little or no interest in the British hills. It was the next generation of climbers that ventured onto and under their local hills.

#### YORKSHIRE RAMBLERS' CLUB<sup>7</sup>

The Yorkshire Ramblers' Club (YRC) was founded in Leeds on 6 October 18928. Although its constitution makes no provision for cave exploration, some members soon ventured underground. The first recorded cave meet was at Yordas Cave in March 18939, following which the members gradually acquired more experience and confidence, and the necessary equipment<sup>10</sup>, to descend the more difficult potholes (Table 1).

The members came largely from the urban business and middle classes who had the necessary time and money. Before the 1914 -1918 war they travelled by train to the Yorkshire Dales. A local farmer would then load their heavy and bulky tackle onto a cart and take it as close as possible to the pothole. With the notable exception of meets at Gaping Gill, where a camp was organized, they usually stayed in a nearby inn, of which the Hill Inn in Chapel-le-Dale was the most popular<sup>11</sup>. After that war the members acquired motor bicycles and cars, and often travelled independently of the railway companies.

Although the YRC regularly published a high quality journal, much of what its members achieved was either published elsewhere or merely recorded in the Club archives. The early meets were reported in detail in the Leeds newspapers, and syndicated to those of Bradford, Skipton, Lancaster and Kendal. The most active caving member was Samuel Wells Cuttriss who kept records of the explorations, surveyed caves, and made scientific observations. He was an active member of the Yorkshire Geologic and Polytechnic

Society's Underground Waters committee<sup>12</sup>.

After the First World (1914 - 1918) War the Law of Diminishing Returns applied. The conspicuous large, easy, shafts had been descended. The next generation of members, while continuing to organize meets, never achieved the pre-war record of new discoveries. The tight and wet caves and potholes required more effort for less return. The newspaper publicity ceased, perhaps because there was much less to report. Indeed, such promotion was later condemned<sup>13</sup>. Another explanation is the Club's Journal, founded in 1899, which provided a medium in which the members' achievements could be recorded. Much of the cave exploration was then organized and recorded by Ernest Edward Roberts.

First descents and explorations by the members of the Yorkshire Ramblers' Club [errors and omissions excepted].

Cave

Date

Manchester Hole, Nidderdale, surveyed 01 - 03 June 189514 High Birkwith Cave 05 August 189515 Fox Holes, Cam 05 August 189516 Old Ing Cave, Birkwith area 05 August 1895<sup>17</sup> Calf Hole and Browgill Cave 03 - 06 April 1896<sup>18</sup> Gaping Gill, Jib Tunnel descended 09 - 10 May 189619 Gaping Gill East Passage 23 - 26 May 189620 Hell Hole, Appletreewick 04 June and 18 August 1896<sup>21</sup> Rowten Pot, Kingsdale, descended to 46m 04 October 1896<sup>22</sup> Long Kin West, Newby Moss, descended to 31m October 189623 Goyden Pot, Labyrinth entered 189624 Long Kin West Pot, Newby Moss 16 May 189725 04 - 05 July 189726 Rowten Pot, Kingsdale 11 July 189727 Douk Cave, Ingleborough 19 September 189728 Sell Gill Holes, Penyghent Marble Steps Pot, Gragareth 15 May 189829 Bull Pot, Kingsdale, descended to 68m 28 May 1898<sup>30</sup> Cross Pot, Penyghent 29 May 189831 Penyghent Long Churn, Penyghent 29 May 1898 Death's Head Pot, Leck Fell 28 – 30 May 1898<sup>33</sup> Hunt Pot, Penyghent May 189834 10 July 189835 Batty Hole, Kingsdale Short Drop Cave to Gavel Pot, Leck Fell 21 July 1898<sup>36</sup> Lost John's Cave, third pitch descended 24 - 25 September 189837 Hardrawkin Pot (= Far Douk), Chapel-le-dale 189838 Jackdaw Hole, Penyghent, first pitch 189839 189840 Eye Holes, Leck Fell Boggarts Roaring Hole, Ingleborough 07 May 189941 Rumbling Hole, Leck Fell, descended to 49m 21 May 189942 Cow Pot, Leck Fell 21 - 22 May 189943 Bull Pot of the Witches descended to 65m 21 - 22 May 189944 Warm Hole, Saddleworth 189945 Diccan Pot to top of 1st. pitch 28 September 1902<sup>46</sup> Gaping Gill, South-East Passage 29 May - 01 June 190347 High Douk Cave, Chapel-le-Dale 26 - 27 September 190348 Jockey Hole and Rift Pot, Allotment area21 - 22 May 190449 26 June 1904<sup>50</sup> Fluted Hole, Newby Moss Rift Pot. Allotment area 20 - 21 August 190451 23 April 190552 Rosebay Pot, Newby Moss Sulber Pot, Allotment area 21 April 190553 Juniper Gulf, Allotment area, descended to 30m 21 April 1905<sup>54</sup> Marble Pot, Allotment area 22 April 190555 Bridge Pot, Newby Moss 23 April 190556 Cross Pot, Newby Moss 23 April 190557 Thorn Pot, Newby Moss 23 April 190558 Rosebay Pot, Newby Moss 23 April 190559 Gritstone Pot, Newby Moss April 190560 Pillar Pot, Newby Moss 11 June 190561

Gaping Gill, South-East Passage extended July 190562 Scosca Cave, Littondale 1 October 190563 Cove Hole, Ribblehead 24 March 190664 Gaping Gill, SE Passage further extended 05 - 07 June 190665 24 June 190666 Nick Pot, Alum Pot area Blayshaw Gill Pots Nos. 1 and 2, Nidderdale 13 - 16 April 190667 Gaping Gill survey completed 28 - 29 July 190668 Gaping Gill, South East Passage 18 - 21 May 190769 Gaping Gill, South East Passage 21 - 22 September. 190770 c. 1907<sup>71</sup> Fairy Holes, Saddleworth Tom Bell's Cave, Heptonstall c. 190772 Meregill, second pitch descended 18 – 20 June 190873 Double Three Pot, Kingsdale June 190874 June 190875 Thorney Pot, Kingsdale Bull Pot, Kingsdale June 1908<sup>76</sup> June 190877 Jingling Pot, Kingsdale June 190878 Sheepfold Pot, Kingsdale Meregill, third pitch partly descended and surveyed 04 July 190879 Haws Gill Wheel Cave, Bruntscar area 09 - 12 April 190980 Hardrawkin surveyed 24 April 190981 Car Pot, Allotment area, to 36m 26 June and 03 July 190982 Gaping Gill, Spout Tunnel 11 June 1910<sup>83</sup> Unnamed pot 37m. SE of Car Pot 12 June 191084 Sunset Hole to Braithwaite Hole 17 - 18 September 1910<sup>85</sup> Little Hull Hole to top of 1st. pitch November 1910<sup>86</sup> ? Staircase Cave, Giggleswick Scar c. 1910<sup>87</sup> Gingling Pot initial visit, Fountains Fell March 191188 New Year Pot, Fountains Fell 02 April 191189 P.101, Chapel-le-Dale May 191190 Gaping Gill survey continued beyond Stream Chamber 03 - 05 June 1911<sup>91</sup> Swinsto Cave, Kingsdale; first pitch descended 23 June 191192 Gatekirk Cave, Bruntscar areaAug. 191193 Little Hull Hole first pitch descended 29 - 30 October 191194 Sleets Gill Cave surveyed October 191195 Little Hull Hole, second pitch descended 04 - 05 May 191296 Gaping Gill survey continued 25 - 27 May 191297 Meregill Hole, Chapel-le-Dale; third pitch descended 27 May 191298 Goyden Pot, Labyrinth discovered and surveyed 13 and 30 June 191299 Cowskull Pot, Penyghent 13 July 1912100 Greensett Caves, Ribblehead October 1912101 Gill Head Pots, Buckden 1912102 Gaping Gill survey continued 10 - 12 May 1913<sup>103</sup> Little Hull Hole to top of third pitch 10 - 12 May  $1913^{104}$ August 1913<sup>105</sup> Foxholes, Clapham, excavated 30 May - 02 June 1914<sup>106</sup> Mereaill Hole extended Dismal Hill Cave, Birkwith area 06 September 1918<sup>107</sup> Calf Hole upstream, Birkwith area September 1915<sup>108</sup> 07 June 1919<sup>109</sup> Thornes Gill Cave, Ribblehead High Hull Pot, Penyghent, descended to 22m 07 June 1919<sup>110</sup> Hull Pot, Penyghent, preliminary exploration 07 June 1919<sup>111</sup> Ribble Swallow, Ribblesdale 07 June 1919<sup>112</sup> Bull Pot of the Witches, Casterton Fell, surveyed c. 1919<sup>113</sup> Scosca Cave, Littondale, more bones found 06 February 1921<sup>114</sup> Penny Pot, Kettlewell 26 March 1922115 Pillar Pots Nos. 2 and 3, Newby Moss 18 May 1922<sup>116</sup> Penyghent House Cave, Halton Gill 22 May 1922117 Hull Pot upper cave May 1922<sup>118</sup> Gaping Gill, Stream Chamber branch Whitsun 1922119 Little Hull Hole, Penyghent 04 June 1922<sup>120</sup> Diccan Pot first pitch, Alum Pot area 07 June 1922121 Angerholm Pots, Mallerstang December 1922122 Larch Tree Hole, Penyghent 1922123

Mallerstang, 16 unnamed potholes March and June 1923<sup>124</sup> Diccan Pot to top of last pitch 07 July 1923125 Gingling Pot 3 pitches descended, Fountains Fell 21 - 22 July 1923<sup>126</sup> Cuddy Gill Cave, Ribblehead 29 March 1924<sup>127</sup> Gunnerfleet Caves, Ribblehead 29 March and 10 May 1924<sup>128</sup> Gaping Gill survey continued 06 - 09 June 1924129 Gingling Hole, Fountains Fell 28 June 1924<sup>130</sup> Keld Bank Spring Cave, Chapel-le-Dale 18 August. 1924131 Holme Hill Cave, Ribblehead August 1924<sup>132</sup> Tub Hole, Dent 1924133 Blayshaw Gill Pot No.2 extended 10 May 1925134 Marble Steps Pot, Gragareth 31 May 1925<sup>135</sup> Blayshaw Gill Pot No.1 extended 21 June 1925<sup>136</sup> Marble Steps Pot (= High Douk), Gragareth 27 June 1925<sup>137</sup> 02 August 1925138 Yordas Cave extended, Kingsdale 1925<sup>139</sup> Hazel Close Cave, Nidderdale Bull Pot of the Witches, short extension 21 March 1926140 Gavel Pot11 July 1926141 Hidden Pot, Casterton Fell 19 June 1927<sup>142</sup> Diccan Pot, partial descent of the final pitch 18 - 19 July 1925<sup>143</sup> Gaping Gill, Boulder Chamber Pot 04 - 06 June 1927<sup>144</sup> Bull Pot of the Witches, several new passages July 1927<sup>145</sup> Swindale Pots, Stainmoor July 1927146 Gaping Gill, Pool and West chambers connected 26 - 28 May 1928147 Lost Johns - crawl from Dome Junction to the Dome 26 - 28 May 1928148 Three Trees Pots Nos. 1 and 3, Leck Fell Whitsun 1929<sup>149</sup> Goyden Pot, new connections in the Labyrinth 16 June 1929<sup>150</sup> Hollow Mill Pot, Birkdale area August 1929<sup>151</sup> Scots Hole Pots, WensleydaleAugust 1929<sup>152</sup> August 1929153 Tarn Gill Pot, Wensleydale Blue John Hole, Birkdale area 27 October 1929<sup>154</sup> Jingling Cove, Swaledale May 1930155 1930<sup>156</sup> Goyden Pot, Carbide Tin Passage extended Goyden Pot, High Rift to New Passage 11 April 1931<sup>157</sup> Flood Entrance Pot extended 23 - 25 May 1931<sup>158</sup> 01 May 1932159 Giant's Grave Caves, Littondale 01 May 1932<sup>160</sup> Lockey Cave Upper Hesledon Caves I and II, Littondale 22 May 1932<sup>161</sup> Penyghent House Cave 22 May 1932162 Birks Fell Cave, Wharfedale 18 June 1932<sup>163</sup> Walled Cave, Buckden 18 June 1932164 Rumbling Hole, Leck Fell, extended 26 June 1932<sup>165</sup> Bishopdale Gavel Pot No.3 July 1932<sup>166</sup> Boggart Hole – Bruntscar Cave through trip September 1932<sup>167</sup> Gaping Gill, Lower Letterbox 04 June 1933<sup>168</sup> East Gill Caves, Keld 1933<sup>169</sup> Rosebush Pot, Keld 1933<sup>170</sup> 1933<sup>171</sup> Tub Hole, Dent Scosca Cave extended February 1934172 Bishopdale Gavel Pot No.4 June 1934173 Douk Cave extended, Chapel-le-Dale September 1934174 Bull Pot, Kingsdale, extended 1934<sup>175</sup> Bishopdale Gavel Pots Nos. 3 and 6, Wensleydale 1934<sup>176</sup> East Gill, Swaledale 1934177 Nick Pot (2), Alum Pot area January 1936178 Marble Pot extended Whitsun 1936179 Tutman's Hole, Alston 07 July 1935<sup>180</sup> Goyden Pot survey completed 01 October 1935<sup>181</sup> Gaping Gill, Amphibian Crawl June 1938182 June 1939<sup>183</sup> Stot Rakes Cave 1939184 Litton Pots, Littondale

# YORKSHIRE SPELEOLOGICAL ASSOCIATION<sup>185</sup>

The Yorkshire Speleological Association (YSA) was the first club in the north of England to be devoted solely to cave exploration and survey. It originated at Leeds Modern School where Frederic Haworth was a teacher and Eli Simpson had been a pupil. Simpson had been caving since 1901, but needed regular companions which were denied him by the YRC<sup>186</sup>. He and Haworth therefore in 1905 founded the YSA which attracted only 23 members during its short life.

Nevertheless these few members held regular meets, made several first descents and were very active with cave surveys<sup>187</sup>. Extra manpower for the Gaping Gill winch meets was sourced from the Derbyshire Pennine Club<sup>188</sup>.

The YSA published two issues of its Journal with surveys and photographs. The text was typewritten with carbon copies, the legibility being inversely proportional to the distance from the original<sup>189</sup>. In 1910 the YSA began its decline despite the enthusiasm of Simpson and his committee. The last meeting was held on 24 October 1914, after which nothing more was heard of the YSA. Eight members subsequently joined the YRC.

# First descents and explorations by the members of the Yorkshire Speleological Association [errors and omissions excepted].

CAVE	DATE
Meregill to top of 2nd Pitch Hardrawkin explored and surveyed 14 Long Kin East Pot, Allotment area, surv Douk Cave connected to Middle Washf Jingling Pot, Kingsdale 19 May 1 Gaping Gill, Pool and West chambers 0 Long Kin East connected to Rift Pot Flood Entrance Pot, Allotment area Disappointment Pot to top of 1st pitch	eyed 03 June 1906 <sup>192</sup> old Cave 1906 <sup>193</sup> 1907 <sup>194</sup>

#### LEEDS RAMBLING CLUB<sup>199</sup>

Very little is known about the transient Leeds Rambling Club whose members made a bizarre descent of Gaping Gill in August 1904. On that occasion May Johnson became the first woman to descend<sup>200</sup>. Three years later one or more members attended an inter-club meet at Alum Pot<sup>201</sup>.

Three members, Fred Botterill, Matthew Botterill and Frank Payne, subsequently joined the YRC. Others involved included "Long" Booth, Arthur Botterill, Clarke, Frank Toothill and Williamson<sup>202</sup>.

#### **GRITSTONE CLUB**

The Gritstone Club (GC), founded on 13 January 1922 in Bradford<sup>203</sup>, was the first of the post-war clubs. As its name implies, the members were more concerned with climbing, but some did explore caves with several first descents to their credit. The members were averse to publicity, but did publish a duplicated journal, which circulated among the members.

The Gritstone Club is best known for its first descents of three wet and deep potholes, Juniper Gulf, Swinsto Hole and Diccan Pot, but did have lesser discoveries to its credit and organized meets. First descents and explorations by the members of the Gritstone Club [errors and omissions excepted].

CAVE		DATE					
Star Pot, Newby Moss	Autumn 1	922 <sup>204</sup>					
Boggarts Roaring Hole II, Newby Moss Autumn 1922 <sup>205</sup>							
Y Pot, Newby Moss Autumn 1922 <sup>206</sup>							
Pillar Pots I, II and III, Newby Moss Autumn 1922 <sup>207</sup> High Hull Pot, Penyghent, descended and surveyed							
	07 - 08 July 1923 <sup>208</sup>						
Little Hull Hole, top of 3rd pitc	h	21 July 1923 <sup>209</sup>					
Juniper Gulf, Allotment area 16 August 1924 <sup>210</sup>							
Borrins Moor Cave, Ribblesda	ale	02 June 1925 <sup>211</sup>					
Silva Pot, Allotment area July 1925 <sup>212</sup>							
Three Trees Pot No. 2, Leck F	Fell	Whitsun 1929 <sup>213</sup>					
Nippikin Hole, Leck Fell	Whitsun 1	929 <sup>214</sup>					
Pippikin Pot, Leck Fell	Whitsun 1	929 <sup>215</sup>					
Peterson Pot, Leck Fell	Whitsun 1	929 <sup>216</sup>					
Swinsto Hole, Kingsdale	June 1930 <sup>217</sup>						
		1000010					

Diccan Pot, Alum Pot area 31 January 1932<sup>218</sup> Washfold Cave, Ribblesdale 11 June 1933<sup>219</sup>

#### NORTHERN CAVERN AND FELL CLUB<sup>220</sup>

The Northern Cavern and Fell Club (NCFC) founders were members of the Nelson and Leeds Camping Sections of the Cyclists' Touring Club. The inaugural meeting was held in December 1928<sup>221</sup>. The members were very tough climbers and cavers who organized a full programme of meets. They were popularly known as the "Northern Tavern and Hell Club", and did not hold their annual dinner in the same venue twice! The leading potholer was Ernest Clifford Downham, who resigned in 1937 and later joined the YRC in 1950.

The Club shunned publicity, but recorded its activities in a series of log books. The first was dated 1929 and the last 1937/8. From 1934 the potholing meets gradually declined in favour of surface meets. Nevertheless the Club had a creditable list of first descents

It did not admit novices for training and therefore did not survive the 1939 – 1945 War during which three members were killed. A further six emigrated shortly afterwards<sup>222</sup>.

First descents and explorations by the members of the Northern Cavern and Fell Club [errors and omissions excepted].

#### CAVE

DATE

Bishopdale Gavel Pots 1 and 2 (Buckden Pike Pots) 1930<sup>223</sup> Gingling Pot, Fountains Fell, extended 26 – 27 September 1931<sup>224</sup> Lost John's Cave, Lyle Cavern and beyond

August and September 1933<sup>225</sup>

Penyghent Long Churn extended 14 - 15 April 1934<sup>226</sup> Washfold Pot, Alum Pot area 07 July 1934227 Lost John's Cave, Cathedral to Dome pitch Dec. 1934<sup>228</sup> Lost John's Cave, extension near the Dome 06 Jan. 1935<sup>229</sup> Lost John's Cave, Shale or Pinnacle Pot 22 April 1935<sup>230</sup> April 1935231 Shatter Pot, Fountains Fell Rocky Pot, Fountains Fell April 1935 August 1935232 Sludge Hole, Fountains Fell Strangle Pot, Fountains Fell 1935<sup>234</sup> Nick Pot descended to sump Easter Saturday 1936235 Far Douk No.1 connected to Great Douk01 August 1936236 Scales Moor Pots, Ingleton August 1936<sup>237</sup>

Gaping Gill, Hensler's Passage extended 26 September 1937<sup>238</sup> Lost John's Cave, master cave inlet passage July 1938<sup>239</sup> Whitber South Cave, Horton December 1938<sup>240</sup>

#### **CRAVEN POTHOLE CLUB**

The Craven Pothole Club was founded in Skipton in late summer 1929 following the efforts of Albert Mitchell<sup>241, 242</sup>. The Club organised regular meets until 1939, using motorcycles and a hired Pennine Motors bus for transport. The latter encouraged a Club atmosphere, and discouraged members from absconding to rival private meets. Mitchell was a reporter with the Craven Herald, of which another member, John Mitchell (no relation) was Chief Reporter and later Editor. Therefore the meets and meetings were extensively announced, and reported, in the pages of the Craven Herald and the West Yorkshire Pioneer. The CPC is the best documented Club of the 1930s<sup>243</sup>. This publicity was deprecated by the other clubs, but ensured that the CPC attracted new members and survived the 1939 – 1945 War.

In addition to the regular meets, the members made several first explorations and descents (Table 5). The first notable achievement of the CPC was the first exchange of parties between Alum and Diccan pots on 12 June 1932. During that meet George W. Hurst fell on the Dolly Tubs pitch and had to be carried to the Club bus. There was no mention of this incident in the Craven Herald<sup>244</sup> and other newspapers; Hurst was a prominent Skipton businessman and a director of the Craven Herald<sup>245</sup>.

# First descents and explorations by the members of the Craven Pothole Club [errors and omissions excepted].

CAVE DATE 31 May 1931<sup>246</sup> **Giggleswick Scar Quarry Cave** 14 February 1932247 Greygill Hole, Malham Bull Pot of the Witches surveyed and extended 23 April - 21 May 1932248 Alum Pot – Diccan Pot, exchange of parties 12 June 1932<sup>249</sup> Ireby Fell Cavern "promising passage" Summer 1932<sup>250</sup> Car Pot dig commenced, Allotment area 1932<sup>251</sup> Marble Steps, Gragareth extended by -15 m 28 - 31 April 1933<sup>252</sup> Marble Pot, Allotment area, extended 1933<sup>253</sup> Gaping Gill, Rat Hole descended 02 August 1935254 Stump Cross Cave, 400m new cave 15 September 1935255 Rigg Pot, Kettlewell 29 December 1935<sup>256</sup> Ringle Mill Cave, Horton Spring 1936257 05 April 1936258 Langcliffe Pot, Kettlewell Blindbeck Cave, Ribblesdale 1936<sup>259</sup> Coronation Pot, Fountains Fell July 1937260 Blacksides Pots, Dentdale 1938<sup>261</sup> Ingleborough Cave, below Giant's Hall 1938<sup>262</sup> Boreham Cave, Littondale 1941<sup>263</sup>

#### LEEDS CAVE CLUB<sup>264</sup>

The Leeds Cave Club was formed in 1930 or 1931, and held its first meet in Chapel-le-Dale during Easter 1931. It was a very successful club in terms of membership and attendance at meets and meetings, but had little speleological merit. In addition to caving meets it organized camps, dances, whist drives, tea parties and other social events. Indeed, during the eight years of its existence the members made only five short cave discoveries.

The LCC had a traumatic end. On 7 May 1939 John Lambert fell and was killed in Rowten Pot<sup>265</sup>. Thereafter the committee cancelled all meets for the rest of the year. The advent of the Second World War and consequent transport difficulties ensured that the Club ceased to exist.

# First descents and explorations by the members of the Leeds Cave Club [errors and omissions excepted].

CAVE

DATE

Hidden Pot linked to Bull Pot of the Witches August 1933<sup>266</sup> Car Pot descended to -25m, unproductive dig 11 - 12 May 1935<sup>267</sup> Sell Gill Hole - terminal bedding plane pushed 08 August 1937<sup>268</sup> Penyghent Long Churn extended by 50m September 1937<sup>269</sup> Jackdaw Hole excavated to water 1937<sup>270</sup>

#### **BRADFORD POTHOLE CLUB**

The Bradford Pothole Club was founded as the parochial Bradford Moor Pothole Club in 1933. Its first President was Charles Leach of the (Bradford) Telegraph and Argus. His publicity efforts increased membership to the extent that in 1935 the name was changed to the Bradford Pothole Club<sup>271</sup>.

# First descents and explorations by the members of the Bradford Pothole Club [errors and omissions excepted].

CAVE DATE Spectacle Pot, Kingsdale March 1936<sup>272</sup> Scales Moor New Pot August 1936<sup>273</sup> Jackdaw Hole extended, Penyghent May 1936<sup>274</sup> Penyghent Long Churn, Penyghent, surveyed June 1937<sup>275</sup> Pan Holes, Bingley, surveyed 1941<sup>276</sup>

#### **LEEDS PENNINE CLUB**

The Leeds Pennine Club was formed on 16 March 1936 by members of the 20th Central Leeds Rover Crew and former students of the Leeds Training College<sup>277</sup>. Despite the death of Mabel Binks, killed by a falling stone in Alum Pot on 5 July 1936<sup>278</sup> (the first northern cave fatality), the club continued to hold meets. Three members extended Penyghent Long Churn by 540m in September 1937<sup>279</sup>. The Club disbanded in 1939; and those members who kept an interest in caves joined the British Speleological Association<sup>280</sup>.

#### BRITISH SPELEOLOGICAL ASSOCIATION

The history of the British Speleological Association, founded on 27 July 1937, has recently been discussed elsewhere<sup>281, 282</sup>. The table lists the original northern cave exploration done by its members, mainly during the War years, to which must be added the innumerable surveys done by its Recorder, Eli Simpson<sup>283</sup>.

First descents and explorations by the members of the British Speleological Association [errors and omissions excepted].

CAVE DATE Gaping Gill, Hensler's Passage 16 May 1937284 Sell Gill Hole extended beyond the big chamber August 1937285 March 1938286 Old Ing Cave, canal end Little Hull Hole, chimney at bottom of 3rd pitch June 1938<sup>287</sup> August 1938288 Buzzer's Pot, Kingsdale Lost John's Cave, master cave inlet passage August 1938<sup>289</sup> Pint Pot, Alum Pot area September 1938<sup>290</sup> Lanteshop Cave Easter 1939291 Easter 1939292 Stot Rakes Cave High Hull Cave and Pot, Penyghent Easter 1939293 Glass Moss Cave, Penyghent May 1939294

Christmas Cave, Gigglewick Scar 25 December 1939<sup>295</sup> Little Hull Hole, Penyghent, extended February 1940<sup>296</sup> New Cave, Penyghent March 1940297 Simpson's Pot, connected with Swinsto Hole 27 April 1940<sup>298</sup> Hull Pot extended May and June 1940<sup>299</sup> Mossdale Caverns, Grassington May 1941300 Quaking Pot, Chapel-le-Dale (= p102A) August – December 1942301 1942302 Dove Cave, Kettlewell, rediscovered New Pot, Glass Moss October 1943303 Douk Cave, Chapel-le-Dale; another exit found 1943<sup>304</sup> 1943<sup>305</sup> Grange Rigg Pothole, Allotment area Disappointment Pot, Allotment area, extended January 1944<sup>306</sup> Hunt Pot extended August 1944<sup>307</sup> August 1945308 V.J. Pot, Allotment area

#### MOOR AND FELL CLUB

The members of the Moor and Fell Club of York visited caves between 1928 and 1938<sup>309</sup>. That Club is known only for its complete exploration of the canal in High Birkwith Cave on 27 October 1937<sup>310, 311</sup>, and for the accident to Reginald Weetman in Gingling Hole on 13 October 1934<sup>312</sup>.

#### **DISCOVERIES BY INDIVIDUALS**

By contrast the part played by unattached people in the discovery of caves was minimal.

#### Discoveries by unattached cavers. [errors and omissions excepted].

CAVE	VE DATE		DISCOVERER					
Stump Cross	Cavern surveyed	d	04 – 06 July 1903 Eli					
Sir	npson et al. <sup>313</sup>							
Douk Cave s	,	24 Augus	t 1904	Fred Haw	orth			
	d Eli Simpson <sup>314</sup>							
	ailbrigg Pass, Sv		03 July 19	909				
Horace Westmorland et al. <sup>315</sup>								
Foss Gill Pot	, Wharfedale	pre-1914	Gordon M	laufe <sup>316</sup>				
New Pot, Leck Fell Whitsun 1929 Lipscomb and Innes Foley <sup>317</sup>								
	Hole, Stockdale	13 March	1932	Eli Simps	on			
and E Clarkson <sup>318</sup>								
Bull Pot of the Witches extended and surveyed May and June 1932								
Eli Simpson et al. <sup>319</sup>								
(another) Giggleswick Scar Quarry CaveSummer 1932								
	arry workers <sup>320</sup>							
Marble Pot				on et al. <sup>321</sup>				
	Cave surveyed	-	ia Septem	Der 1933				
Eli Simpson et al.322								
Goyden Pot	extended 24 Jur	ne 1934	H.S. Mart	in et al. of	Hull <sup>323</sup>			
Skirwith Cave	e, reopened	1934	"local peo	ple" <sup>324</sup>				
Huff's Pot, Giggleswick Scar July 1938 Percy Huff of Settle <sup>325, 326</sup>								
Goyden Pot, Nidderdale 1939 – 1945 Post Office Engineers <sup>32</sup>								

#### ACKNOWLEDGMENTS

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This poem was penned by a C Farmer, details unknown and certainly before the Great War. It is reproduced by kind permission of the Mountain Club of South Africa

## THE MOUNTAIN SPIRIT.

Above the mountain's rocky height a hidden spirit broods enraptured with a strange delight and anger's interludes.

Sometimes he hurls cloud masses down to veil the giant crest, and sometimes weaves them in a crown by sunset splendours dress't.

He keeps a watch serene and far through quiet summer days, and then re-lights the evening star In skies of chrysophase. The vials of his wrath outpoured are winds that scorch and tear, the mountain's hoary sides are scored with lashes everywhere.

Far down, ambitious pine-woods strive to climb the unfriendly steep, 'tis only by his grace they live when tempests o'er them sweep.

Imperial, mystical alone, untamed by fate or time, God gave him this grand height for throne on pinnacles sublime!

CHIPPINGS

# THERE IS A TIDE IN THE AFFAIRS OF MEN

Earlier this year a milestone in the production of power from renewable sources which passed by with little note.

Tidal power is finally feeding into the national grid albeit only minute amounts at the present time.

Numerous technologies have been tried including ducking ducks and nodding donkeys but to date the only real prospect has been barrage turbines catching and then releasing the tide. This has great potential problems as regards silting up behind the barrage but finally we do seem to have a technology that works. It is not really cost effective yet but as other fuels sources get ever more expensive that will change.

A single turbine has been placed on the bed of the Atlantic, off Orkney. Production is going to be gradually increased and it should provide the power needed for 150 homes. Whilst very costly at present this experimental development has shown that we can tap this source of power which is far more reliable than wind or solar power.

As a number of us can personally attest there is no shortage of powerful tides around the Scotish coast.

## MOUNTAIN CLUB OF SOUTH AFRICA

In case you missed them the first time round the Mountain Club of South Africa is re-publishing its early annuals. Way back in 1912 these cost the then princely sum of one shilling to acquire but I imagine considerably more today. They appear to be being published now, funded by subscription, and just released is a handsome (and heavy) tome containing 1912-14.

The 3 years included average 180 pages each and this is a wealth of information both technical, historical and now fascinating as a glance back in time.

Adverts include a superior compass for 1/6 and camera for 6/- (younger members please consult an elderly relative to decipher these hieroglyphics)

The more intrepid amongst the members who also liked a little comfort could for the enormous fee of £8 take a first class rail tour for 6 days all found including ponies and climbing equipment and guides to take you up to Mont Aux Sources.



This edition includes as a preface a list of the subscribers and you might be surprised to see the Yorkshire Ramblers listed there.

Steve Craven who we regularly publish as a cave historian, has been involved in this project, and has kindly subscribed on our behalf.

The book has been added to our library at Lowstern and can be accessed in the usual way.

#### YORKSHIRE ROCK

John Middleton points out that it is possible to download an excellent series of "Mini Guides" to new routes and crags - both sports and traditional - in the Yorkshire Dales from www.theleedswall.co.uk

## DUNCAN CARSE BUST APPEAL

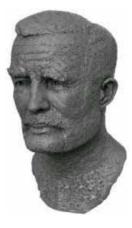
The South Georgia Association are raising £3500 to purchase a bronze bust of adventurer, surveyor and broadcaster Duncan Carse and bring it to South Georgia. "Duncan Carse's extraordinary contribution to the Island of South Georgia will remain as one of the most important in the history of the island. His toughness, endurance, single-minded determination, integrity, loyalty and amusing sense of humour will be remembered fondly by many South Georgia veterans."

As we reported at some length in the last journal Duncan was the expeditioner and surveyor who led the South Georgia Surveys and made a very significant contribution to the Island. The incredibly accurate work carried out by Duncan and the South Georgia Survey teams between 1951-57 led to a new map in 1958 that has been the basis of all maps that followed, only recently being superseded by satellite imagery. The maps, which proved especially important during the liberation of the Island in 1982, are still used today.

A copy of our journal is now deposited in the official archive of South Georgia.

Duncan Carse made eight expeditions to South Georgia. He first visited the Island in 1933 as part of the Discovery Investigations, returning in 1936 as part of the British Graham Land Expedition. In 1961, after the four South Georgia Survey visits, he returned alone to live on the south coast as part of a "personal psychological experiment", a venture that turned into a survival exercise after his hut was washed away by a freak wave. His last visit was in 1973, when severe weather prevented him retracing the Shackleton crossing. Despite the Island not always treating him kindly, he never lost his enthusiasm for South Georgia.

The slightly over life size bust will be given to the South Georgia Museum to mark the relationship Duncan Carse had with the Island, and to highlight the achievements and work of Duncan and the men of the South Georgia Survey.



The appeal has had support from the Government of South Georgia and the South Sandwich Islands but needs help to reach the target. If any member would like to help please send cheques, payable to the "South Georgia Association", or make electronic transfers, to: Natwest Bank, Ledbury Branch, The Home End, Ledbury,

Herefordshire, HR8 1BU. Sort Code: 53:61:47 Account Number: 23478136

Please write "Duncan Carse Bust Appeal" on the back on the cheque, or refer to the appeal on any electronic transfer.

Any surplus funds raised by this Appeal will be used in a way that further enhances the knowledge, understanding and record of Duncan Carse and the men of the South Georgia Surveys.

More information can be found on their website http://www.southgeorgiaassociation.org

### WHEN WINTER WAS WINTER

I am spending a lot of time and effort fighting aphids which are killing my conifers. These beasties should be kept at manageable levels by cold winters but we do not seem to have them any more.

The changing weather pattern is making a nonsense of our traditional seasons. Autumn is supposed to start on Sept 1st but in reality it is darker nights which make us think Autumn is upon us rather than any dramatic change in the weather. It is simplistic to think of each season to be three months long and distinct seasonal weather differences are no longer seen. We often have hot spells in October and March and if we have a winter at all it is now only December and January and they are rarely as severe as they used to be. We used to see snow as often as not at most of our December and January meets

We have often held Hill Inn meets when the Dales were wrapped in snow but it now seems that we will not get classic winter conditions without going much further affield.

Jeff Hooper shares his recollections of a Yorkshire meet in March 40 years ago but his sentiments seem misplaced in today's conditions.

#### Chapel le Dale to Malham

It was Saturday morning 14 March 1968; Members were gathered for breakfast at Malham, all worldly cares gone, thinking only of the walks ahead and the YRC; except for one man who had a newspaper. Reading it, he saw a report of a government crisis and could not resist reading it to the whole room. 'I say, George Brown has resigned'.

A solitary voice replied, 'Good heavens, I did not know that he was a Member'.

Breakfast and the numerous interleaved conversations resumed, but eventually Jeff with Arthur Craven, David Smith, Peter Swindles and his six month old spaniel decided to drive to Chapel-le-Dale and walk from the Hill Inn back to Malham via Ingleborough, Pen y-ghent, Fountains Fell and Malham Tarn.

Driving up to the Hill Inn snow could be seen on the tops, sun was shining but there was quite a bit of wind. They had a pleasant walk up Ingleborough by an easy route. Ben, the dog was full of vigour running in the soft snow on top. They took the usual route through Sulber Nick down to Horton where they stopped for lunch.

In the pub at Horton somehow a discussion developed about the earth's path around the sun and the formation of the seasons and Jeff remembers many contortions as demonstrations were made with apples around pint pots.

When they set off again it was raining. They went to the summit of Pen-y-ghent with the wind increasing all the time as they climbed higher following the wall. The wind was banging against the wall with great force. On the top it was quite terrific, to move against the wind driven sleet one had to bend almost double towards the snow underfoot. On the southern slope there was thick snow. Peter solved the problem of descent by lying full length in the snow and sliding down letting his rucksack act as a brake. Once below the snow line rain continued driven by a cold wind in worsening visibility.

Nothing could be seen of Fountains Fell from the road and two conflicting compass bearings both guaranteed to take them to the top. Some compromise took them to the flat top and the tarns. It was here that Ben, the dog, squatted down behind a tussock and refused to move further. Jeff recalls he was very much in sympathy with Ben, as he was the only one of the party without one of those new fangled nylon cagoules. He was wearing his ex-army cotton anorak, which by now was as much use as a pocket-handkerchief.

Peter put Ben into his rucksack and Jeff wished something similar could happen to him. By the time the track from Fountains Fell to tarn House was found Jeff was wet to the skin and his breeches made from ex-American army trousers were as stiff as cardboard and had scraped a lump of skin from each thigh, needless to say he was cold.

The weather was worsening and as it was now obvious they were not going to be back at Malham before dark, a decision was made to ring friends at Malham to pick them up at Tarn House. Of course there were no telephones on the moors and mobiles were still twenty years in the future, and they were almost at Tarn House before they found a telephone box.

As there are two roads shown on the map to the House they split into two parties of two, one taking each route that a car might take. Wind was driving rain horizontally over white waves across the tarn and after waiting a short while with no shelter, very cold and now in the dark, David and Jeff set of to walk as fast as we could to Malham. Just on the edge of the village a car picked them up, with Peter, Arthur and Ben already inside. What none of them had known was that there were barriers across both roads preventing cars from passing.

After a bath, in Jeff's case in fourth-hand water, and dry clothes they were all back to normal. A good dinner revived spirits further, and then Peter and Arthur left for the Hill Inn to retrieve the car left there.

Jeff made for his tent. During the night he felt the temperature drop and wrapped his motorcycling jacket around his sleeping bag. I the morning the ground was white with snow.

That was the weekend Jeff made a decision, which he claims to have not changed; March in Yorkshire is winter!

## **EXPLORE**

The ordnance survey are trailing a beta version of a new service which you may find of interest.-"explore" is more than just maps - it's a whole new way of exploring and sharing your favourite parts of the country.

Search for a location and then view the routes that people are sharing for that area. This will include details and points of interest - even photos, so you will be well prepared for a satisfying walk. When you've done the route for real, why not add comments and enhance the experience for future users?

You must have a route you really love to walk? You can now plot your route directly onto Ordnance Survey 1:50,000 scale mapping, not only that but you can add points of interest and photos and share all this with the world.

I have had a go and added one. It is early days yet but this could grow into a very useful tool. If each of us added every walk we go in there would soon be an enormous library.

http://explore.ordnancesurvey.co.uk



#### START 'EM YOUNG

Izzie Corbett, three, granddaughter of Iain Gilmour going through her moves.

## LEAVE NO TRACE

The Leave No Trace Center for Outdoor Ethics is an educational, nonprofit organization dedicated to the responsible enjoyment and active stewardship of the outdoors by all people, worldwide.. It is committed to the enjoyment, health and protection of recreational resources on natural lands and believes education is the best means to protect natural lands from recreational impacts while helping maintain access for recreation and enjoyment. It is founded on outdoor ethics whereby a sense of stewardship is gained through understanding and connecting with the natural world and strives to build key partnerships that support education programs, training and communities of volunteers, teachers, land managers, organizations and companies committed to teaching and instilling the values of Leave No Trace and its basic principles. These are to be considerate of others, respect farm animals and wildlife, travel and camp on durable ground, leave what you find, dispose of waste properly and minimise the effects of fire

Based in the US they also operate in Canada, Australia and Ireland and are starting to move into the UK.

For more information see www.lnt.org

YRC Journal

## THE DAY THAT THE RAINS CAME DOWN

October 25th 2009 will be indelibly imprinted on the minds of many in the world of orienteering and fell running.

This was the day someone turned Cumbria upside down and the lakes fell out of the sky. The press have made much of it but first hand reports from friends who were there suggest they understated the situation, probably because they just could not conceive how bad it was.

As a long time Orienteer, albeit one that has never aspired to such levels, I have often seen our sport described as a haven for lunatics, but madmen or heroes the sort of characters who tackle the Original Mountain Marathon are a breed apart.

Using different terrain each year this year the top runners were to take in most of the central fells, mostly heading south towards Langdale and Wasdale, and then turning north back to the mid-camp. The other courses were mostly to the north of Honister Pass, over the Derwent Fells. It is actually not a marathon but more a less two marathons on successive days. The ultimate distance this time for the top runners would have been about 50 miles.

It was dry when the first runners checked into the start down in the valley but the strength of the wind was remarkable and it was apparently hard to hold onto maps or headgear, with the wind rocking runners back on their heels. Kit and banners were being blown all over the place. Most runners started off over Stockley Bridge and some had to hold onto the side of the bridge to avoid being blown off. What was it going to be like on higher ground? They were to soon find out with a vengeance!

As the rains started to fall some competitors decided against starting but those who did soon found every track had became a stream; every stream a wall of white-water and visibility was becoming a joke.

Their overnight destination was Gatesgarth Farm in Buttermere, down in the valley, but at risk of flooding.

As the day wore on, rivers began to burst their banks and even rivulets became raging torrents; fell sides became waterfalls and roads were awash.

There was little choice but to call off the race but that is no mean task with any mountain marathon when you have thousands of runners scattered across the hills.

On this occasion it was compounded by difficult mobile phone reception. The organisers had to contact as many marshals as possible by radio and get additional marshals out to crossing points to instruct all competitors to return to the registration area .The biggest problem is counting them all back and confirming identities so that there is a proper view of who is still out there. During the night runners had sheltered in various schools, youth hostels, slate quarries, mine buildings, barns and farm houses.

Despite the press understating the actual conditions on the tops they went overboard with the drama of the situation. Yes, as evening fell, there were over a thousand still out but they were all tough, experienced, well equipped, carrying food for 36 hours, tents and sleeping bags and by two in the morning only 44 competitors had not been located. By lunch this was down to just 16.

The mountain rescue services helped race officials to ferry competitors back and a steady stream of very wet racers walked back down Honister Pass and along Borrowdale. It is worth noting that the mountain rescue are paid in advance to be present and use the funds received to part finance their normal activities.

Some were upset that it had been called off as they were doing very well. One teacher in her forties is quoted as saying that she was blown off her feet three times and had never experienced such unrelenting bad weather but she did not think it was really dangerous.

It was horrendous and the race had to be called off for the first time in forty years but in the end everyone came through it and the race planning coped albeit with a little help from the rescue services. There do not appear to have been any more injuries than would be experienced when thousands of people take to the mountains whatever the conditions.

They are a hardy breed these fell runners.

It does however bring home how treacherous mountain areas can be and how dangerous for the unprepared and reinforces the advantages of joining well organised mountain or running clubs to learn from people who have been there and done it.

I regularly run with friends who compete at this level, one who has done the Bob Graham round and another who has done the Everest marathon. Both are only a few years younger than me and still pursue such activities but their experience tells them when to call it a day and go no further. My only mountain marathon was 15 years ago and that was just 26 miles. Whilst not coming last I was well down the field and I think I will leave it to younger men.

I still enjoy orienteering however, including the high fells and the last major I did in Cumbria was this April when I was running over Hampsfell. Just to show the contrasts to be found in the Lakes the day was bathed in glorious sunshine if a bit windy and we could see for miles over the bay. Wonderful!

I must admit however the previous day on our training run it was very wet but nothing like these intrepid souls faced on the OMM.

# THE CALL OF THE MOUNTAIN

Extreme mountaineer Robert Bösch is regarded as one of the best mountain photographers in the world. His new book contains photos of striking peaks, ridges and cliff faces "Schweiz alpin" (Alpine Switzerland), published by AS-Verlag. He illustrates his best climbs in the Alps and explains in detail how, when and where to go up and come down.

The book is ISBN 978-3-909111-55-8 and some of the photographs can be sampled at



#### Die schönsten Touren in den Schweizer Alpen

Eiger, Matterhorn, Wendenstöcke und Salbitschijen: Die Schweiz besticht mit Supertouren, Klassikern und Geheimtipps. Der Bildband «Schweiz Alpin» präsentiert die schönsten Gipfel, Grate und Wände, erzählt von grossen Touren zwischen Genuss und Extrem und erklärt, wie man hinaufkommt.

www.swissinfo.ch/eng/multimedia/picture\_gallery/The\_call\_of\_the\_mountain.html?siteSect=15075&sid=9885877

**MARINE BILL** - This is an extract from the Executive Summary on the consultation in respect of the Marine Bill which is of particular interest to us in regard to its coastal access provisions. The full summary is to be found at www.defra.gov.uk/corporate/consult/marinebill/summary-responses.pdf

UK waters present a rich and valuable resource. The Marine Bill introduces a framework for the management of the marine environment, integrating conservation and socio-economic objectives to provide maximum benefit for all marine users whilst protecting marine resources. Respondents were generally supportive of the proposals of the draft Bill. Comments focused on areas such as the timescale and procedure of transitional periods, particularly in relation to the establishment of the Marine Management Organisation (MMO) and new marine planning and licensing arrangements. Also addressed was funding. The majority of respondents supported the creation of the MMO and its planned role as a 'one-stop shop' for marine planning and licensing.

Marine nature conservation attracted many comments primarily concerned with the Marine Conservation Zones (MCZs). The majority of respondents were broadly in favour of the creation of MCZs, but this support was conditional upon the following concerns being addressed. Respondents were concerned that there was no statutory requirement for designation. The importance of a network of sites being established, in order to provide for species movement and thus better preserve bio-diversity, was stressed and calls were made to impose a duty on the Secretary of State to establish a network of Highly Protected Marine Reserves, covering at least 30% of UK seas out to 200 nautical miles. The Marine Fisheries proposals in the draft Bill were referred to and their were calls to reform inshore fisheries management through the creation of Inshore Fisheries and Conservation Authorities (IFCAs).

The topic of coastal access is of most direct interest to us. A large majority of those giving an opinion on this project were in favour and welcomed the consideration of local opinion and nature conservation in provisions for planning the coastal route. Concerns were expressed however about funding for implementation and long term maintenance of the new access measures. This was predominantly from local authorities, public bodies and other non-governmental organisations who may face picking up the tab. Respondents particularly highlighted the need to provide funding for roll-back of access where coastal erosion would have a significant impact.

Respondents also commented on the categories of land to be excepted from coastal access. The draft Bill's provisions are for parks and gardens to be excepted land, as they are under the Countryside and Rights of Way Act (CROW) Act of 2000. Respondents focused primarily on gardens, emphasising that excepting this land was important in maintaining the privacy of private landowners. Needless to say and understandably this view came from the owners of such land. There was some opposition to the uniform designation of parks and gardens as excepted land arguing that this would compromise the vision of a continuous coastal route and that it may be reasonable to provide a route through in some exceptional circumstances. Parks area similar issue but how you define what is or is not a park needs clarification.

Nearly a quarter of respondents proposed that procedures be established for compensating coastal property owners or businesses, where a significant loss could be proven. They expressed concern that increased coastal access could result in loss in terms of disruption to agriculture or other businesses or reduced property values. It was also noted that coastal businesses could benefit from an upswing in tourism as a result of increased coastal access.

There was considerable comment on the need to protect vulnerable habitats and species from the impact of increased coastal access. Respondents supported the proposal that some sites be closed to access during sensitive seasons (for example during bird nesting seasons). The Bill envisages Spreading room and many sought further clarification on the designation of land for 'spreading room,' and the activities which might be permitted within these areas. It is likely that this land will be where some seasonal closure might be necessary.

There was call for some further clarification on the treatment of estuaries within the coastal access legislation.

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NATURAL HISTORY SNIPPETS

## WILDLIFE AND THE ENVIRONMENT

#### CONKERS CRACKING UP

Fast on the heels of the nasties which have wreaked havoc with our hawthorns and oaks we now have scourge hitting our horse chestnuts.

25% of Britains horse chestnuts have conquer canker which causes splitting of the trunk and the bleeding or oozing of sap. The same number again are showing some symptoms of the problem which appears to be spreading rapidly.

There is no cure and it has been discovered that this is a new virulent bacteria not the one which has laid low small numbers of these trees over the years.

No one knows how this bacteria got here and it is usual to blame our warming climate but perhaps not in this case as the bacteria was first identified in the Himalayas. It probably came with imported chestnuts but it is not a disease easy to understand. One puzzle with it is that chestnuts in cities are far more badly hit than those out in the woodlands.

## **BOLD STEP?**

Four families of European Beavers are to be released into the wild in a forest in Argyll. This is not to happen until 2009 although it has been being debated for some years. The creatures arrived in the UK in November but have to spend six months in quarantine.

The benefits to wildlife, communities and local economies have been demonstrated in many parts of mainland Europe, where since the 1920s re-introductions have taken place in 24 different countries.

These vegetarian creatures usually make nests in river banks and thereby slow water run off partially changing the local habitat and providing refuges for many other creatures. They have been introduced in other parts of Britain within enclosure to assess their impact and are being tried as part of management regimes.

It is hoped to restore areas along streams to a mix of water meadows and open marshland with pockets of native trees at various stages in their life cycle including dead and decaying remains. We should then see an increase in the species of flora and fauna present and it is thought that the beaver will play an active part in maintaining this diversity once it has been established.

Beaver have been absent from the UK for several hundred years but the Forestry Commission are allowing them back in an attempt to restore wildlife balance and improve water quality. The last recorded presence of Beaver was at the end of the 16th century.

Beavers, once found throughout the whole of Britain, are both an indicator species and one whose presence greatly affects what else lives and grows in an area. Their presence indicates a clean environment in good balance, and In order to gain access to their feeding areas, lodges and bank-side homes, beavers fell small trees, mainly willow and aspen, and build dams. They rarely cut down mature trees for dams unless in very rocky terrain which is not likely to be the case in the Knapwood Forest were they are being released. The pools and wetlands created by them then attract many other species and damming also help water quality throughout whole river systems as sediments are slowed down and flooding and bank side damage is reduced. Also pollutants are oxidised as the water escaping through the dam is aerated.

They do feed largely on bark but with Forest Enterprise moving away from commercial forestry and taking steps to restore natural woodland this is not seen as an unacceptable threat. Beavers are herbivores, feeding on plants, tree bark and twigs and they never eat fish.

Their reintroduction opens up potential for tourism based on beaver watching. Unlike many wild mammals, beavers are suited for organised viewing as they are relatively predictable and loyal to one local area and can be easily located by their building works. These charming and entertaining creatures are well adapted to their semi-aquatic lifestyle and with a hairless, flattened tail and webbed hind feet are very agile.

They have attractive, sleek, waterproof fur, and weighing in at just under 80 lbs are Europe's largest rodent. They are well known to have been hunted for this fur but also contributing to their downfall and less well known, they secrete a substance containing salicylic acid as a result of eating willow bark and this is an active ingredient in aspirin.

They will be closely monitored and if no problems arise they may be allowed to expand their area freely with further imports from Europe.

## STILL BANGING ON

Following on from our reports of the activities of the more responsible shooting interests in sustaining and supporting the wildlife of their areas, further evidence is emerging that there are still large numbers of arrogant and selfish gunsmen and rogue estates.

The RSPB has highlighted that record numbers of birds of prey were killed in Britain last year, with buzzards, peregrine falcons and golden eagles badly hit. They received 262 reports of birds of prey being illegally shot, trapped or killed by the destruction of their nests, compared with 185 reports the previous year, a rise of 40%.

According to the society's annual 'Birdcrime' report, there were also 49 reports of birds of prey being poisoned, including red kites and one of the only pair of Golden Eagles breeding in the Borders.

Red kites were often poisoned, deliberately or otherwise, when they scavenged on carrion, itself killed by illegal toxins. The RSPB fear the figure is much higher because many crimes in more remote areas remain undetected or go unreported.

Many hen harriers, which do eat grouse, have been killed on some grouse moors, and peregrine falcons have been shot because they preyed on pigeons including racing birds..

Apparently in England this year hen harrier chicks were only successfully reared in 10 nests from 19 attempts as against 14 from 23 attempts last year. Despite the protestations from the shooting organisations it does seem that some of their members or employees of some estates are destroying nests.

In all, there were 1,208 separate incidents of crimes against wild birds reported to the RSPB in 2007, beating the then record of 1,019 in 2006. The four worst counties in England for reported persecution of birds of prey were North Yorkshire (78 reports), Northumberland (22), and Shropshire and Cumbria (16 each).

All is not doom and gloom however. A pub tycoon has just instigated one of the biggest regeneration schemes ever undertaken in Britain. 5000 acres of Wemmergill Moor in County Durham are to be re-seeded with heather to restore the habitat ruined by over grazing. He has also planted a quarter of a million shrubs and trees to provide cover and hopes to protect and encourage many endangered species of birds.

Golden plover, red and black grouse need the heather for their survival and his efforts have already seen black grouse numbers increase from 4 to 150.

Merlins, moorhens, snipe, short eared owls, curlew and red shanks are all increasing in number as well.

## COME ON YOU REDS

Good news on the squirrel front. The sanctuaries being created to try and preserve the red squirrel are seemingly working quite well.

The Red Squirrel Protection Partnership have organised culls of well over 20,000 greys in the last 18 months, mostly in Northumberland but a few thousand have been killed in Cumbria and efforts are being stepped up in Scotland where outbreaks of squirrel pox are increasing. This is carried reasonably happily by greys but is fatal to reds.

In all about 170,000 acres of reserves have been created within which the greys are being eradicated. Reds are now being seen in increasing numbers over these 16 reserves and two more are to be added.

Ullapool has no population of either species so a red introduction programme should get off to a good start and the second is to be on the Isles of Scilly where again at present there are no squirrels at all.

#### **KITE FLYING**

Red kite numbers are growing countrywide. A survey of the birds reveals that the Scottish population is now at its highest level for 200 years, following one of the best ever breeding seasons and an ongoing reintroduction project around Aberdeen.

Numbers have also doubled in North East England over the last year and increased by more than 40% in the Yorkshire. Area.

Red kites continue to thrive in their English strongholds of the Chilterns and Rockingham Forest in the East Midlands where I live and also in Wales which was their last bastion in the UK before re-introductions. Red kites were once common across the British Isles but they were all but wiped out by widespread killing in Victorian times. And by the 1930s there were just 10 pairs left in a remote part of Wales. As previously reported, In 1989, a UK reintroduction project began in the South of England and the North of Scotland, and the fruits of this labour are now being seen.

This summer also saw 27 of the birds reintroduced into Northern Ireland for the first time in two centuries. The Scottish population now stands at 122 breeding pairs, with the UK population as a whole growing to an estimated 1,200 breeding pairs.

The UK population is becoming increasingly important on a global scale as land use changes, illegal poisoning both direct and indirect causes declines in its main breeding areas of Germany, France and Spain. Red kites are now classified as 'near threatened' by the World Conservation Union and the UK's 1,200 pairs are around 5% of the world population.

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# WILDLIFE THREAT INCREASES

Wildlife is disappearing at an unprecedented rate in the countryside but nature is compensating as more species start colonising urban areas.

There have been major declines in populations of breeding wading birds on unprotected lowland wetland grasslands, notably the snipe which is down by 90% in some regions but in the last 12 years the overall population of urban birds increased by 14%.

Pigeon numbers more than doubled, and there were big increases among green woodpeckers, goldfinches, robins and great tits.

Natural England's annual state of the natural environment report, published earlier this year, finds birds, bees and other insects deserting intensively farmed lowland areas for better conditions in urban gardens and in brown field sites. Some butterfly species, it says, are now more likely to be found in suburban areas than in the open countryside, and at least 40 species of invertebrates are now wholly confined to towns. More than half of the summer roosts of some species of bat are in man-made structures less than 30 years old.

"Our land and seas are under more pressure than ever before," says the report. "We have a growing population with growing aspirations, meaning increasing demand on the natural environment to provide food, energy, leisure and space for development".

"We are now locked into at least 50 years of unavoidable climate change. Wildlife is increasingly isolated in protected areas, unable to move with the changing climate". "Although we are broadly maintaining the character of England's landscapes, 20% still show signs of neglect and within our landscapes there are significant problems. For instance, lack of woodland management is causing a 50% decline of our native woodland butterflies the wood is still there but the butterflies aren't".

"Other habitats are also deteriorating - only 3% of our grasslands remain rich in native plants. We are seeing signs of stress from climate change, both on the coast, where habitats are being squeezed between our sea walls and the rising sea (25% salt marsh loss from the south east of England), and on land, with a range of species moving northwards and upwards such as the mountain ringlet butterfly".

"The current system of conservation has often focused on protected areas such as sites of special scientific interest and national parks. But away from these areas the natural environment is increasingly under threat. It not well placed to withstand the challenges of development and climate change."

Britain's leading environment groups, including the

National Trust, the Campaign to Protect Rural England and the Royal Society for the Protection of Birds are calling for a radical new approach to conservation to match the unprecedented scale and speed of the habitat change taking place in the countryside.

Butterfly Conservation report that the mountain ringlet, only found in Scotland and the Lake Ditrict could be extinct in 50 years. As our climate warms the high level grasslands on which it ekes out a living are retreating upwards with nowhere finally to go. The Scotch argus and northern brown argus are also expected to decrease in numbers as their habitat shrinks and other specialist species like the Duke of Burgundy and the pearl-bordered and high brown fritillaries are less able to adapt.

# FELLS AT RISK

Our uplands themselves are in danger of rapidly changing beyond recognition. Hill and moorland farms are likely to largely disappear unless action is taken to save them, as a government adviser has acknowledged.

The Chairman of the Commission for Rural Communities pointed out that foot and mouth and blue tongue, flooding, changing weather patterns and a decline in the numbers of young people willing or able to work on the land given the lack of affordable housing, has brought hill farming almost to extinction. Rising feed costs, increased European competition and the economic down-turn are exacerbating the situation and if livestock disappears from the hills then it will change the character of the countryside dramatically.

He said keeping livestock on the hills was vital to preserving the character of areas such as the Lake District, the Yorkshire Dales and Dartmoor. Uplands, which cover 18 per cent of the country, feature heavily in the cultural identity of Britain and attract millions of tourists and are thought to contribute about £325 billion to the economy.

Opening an enquiry into the situation, he said there were difficult questions as to how to keep hill farming as a sustainable business. "I am particularly concerned about the social effects if we do not have hill farmers. The knockon effect is a downward spiral for the whole community."

As you would no doubt expect of a government representative, he said the way forward was innovation and business development rather than subsidies. The growth in home-based offices, entrepreneurship, Improved Internet access, the demand for renewables and new markets for country produce all presented opportunities, he added, as did "carbon storage".

The National Farmers' Union uplands spokesman, commented that the dry stone walls and grazed land-scapes loved by visitors were dependent on farmers and that the alternative could be coniferous forests and wind

turbines. He could have added miles of scrub and bracken to the picture.

He did suggest that market forces were unlikely to be able sustain hill farms."Society has to ask itself, `Do we want the uplands to look like they do now?" he asked. "If the answer is yes then the system that manages them now needs to survive."

# A BIT OF A PUZZLE

If trees do not have enough problems with infections and diseases man is again adding to the problem.

One local council is proposing to cut down 'monkey puzzle' trees in school play grounds as the needles on the trees are sharp and if they fall to the ground may hurt children if they fall on them.

Need I say anything more!

# RATTY'S COUSIN DOING NICELY

The poor old water vole is still struggling in England and Wales but there is encouraging news coming out of Scotland..

A major part of the problem is the mink. I saw one in my local stream earlier this year and this creature is the biggest culprit in the drastic reduction in numbers of voles.. I would advocate its eradication but it is probably too well established by now.

The mink at about 18 inches long is only half the size of the otter and whilst its coat can vary it is generally dark where the otter is a fairly plain brown with a white bib at its throat. The otter has been staging a strong come back as rivers have been cleaned up and it is hoped that as they soon colonise areas they will reduce the predation by mink which cannot compete with the larger otters for homes. Mink numbers in the last ten years have probably halved.

Otters do not attack many of the other forms of wildlife which have been decimated by mink.

There were literally millions of water voles a hundred years ago but they have been decreasing rapidly and their population has reduced by 90% in the last decade. There are now thought to be only about 875,000 left and they have vanished completely from many areas of the country.

It is threatened with extinction within 10 years due to privations by mink and mans activities in reducing their normal riverbank habitat. Strangely they are doing better close to man where the mink are less comfortable, but they are suffering at the hands of uninformed pest controllers as it is similar to a brown rat.

It is easily distinguished if you know what it looks like. It is a medium dark brown in colour whereas the rat is greyer. It is slightly smaller than a rat and has hidden ears where the rat's stand out proudly. It has a whiskery nose and hairy tail unlike the bald pink tail of the rat.

The water vole in Scotland looks quite different in that the Highland water vole is actually black.

A recent survey shows that up there the creature is doing rather well. This is probably because the mink does not like the harsher conditions.

The water vole in Scotland is a tough little cookie and has been found as high as just under 2000 feet up Ben Nevis.

# GREEN (or should that be Blue ) POWER

As more and more studies are showing how grossly inefficient wind turbines are, opponents are being challenged to come up with 'green' alternatives if the government is not to plough on with its massive subsidies to this snowballing industry.

A number are now calling for a "tidal reef" to be built across the Severn to generate electricity.

Tidal surge at the mouth of the river has the potential to generate up to five per cent of our electricity needs but there are massive downsides to many possible schemes. The Government is currently looking at 10 ways to harness this potential power.

A barrage from Cardiff in Wales to Weston-super-Mare in Somerset is widely considered the most likely option and a road along the top would help regenerate South Wales and the West Country but the 10 mile dam is bound to be unsightly and cause major ecological damage. It will prevent the migration of fish without complex escape routes which themselves will reduce the efficiency of the power generator. It will also destroy bird habitats and is likely to be a short term solution as the waters behind the barrage are bound to rapidly silt up. Dredging costs will outweigh the benefits from this means of generation.

The RSPB amongst others, supports a 12 mile reef from Minehead in Somerset to Aberthaw, in South Wales. It argues a reef would be lower in the water and its slower turbines would be less dangerous to migrating fish. It commissioned a study to look into the feasibility of a reef which concluded that the structure would generate more electricity, cost less to build and last longer than a barrage.

The RSPB also claims a reef would keep intact most of the estuary's salt marshes and mud flats on which at least 68,000 birds feed in winter.

# OVERSEAS MEET - LHAKHANG EXPEDITION

17th August - 13th September 2008 - Mick Borroff

#### Introduction

After Albert Chapman's successful 2005 YRC meet to Ladakh, Mick Borroff wanted to return to the Himalaya and began looking at possible trekking routes combined with a suitable mountaineering objective. Western Tibet was initially attractive, but the multi-day approach by jeep and the complexity of obtaining eight separate authorisations for a permit were off-putting.

The Indian Himalayas looked more attractive and the concept of a long traverse beginning in Himachal Pradesh and ending in Ladakh began to take shape. As the barrier of the Great Himalaya would be crossed into the high-altitude desert, sheltered from the rain-bearing clouds of the Indian monsoon, such a route would offer great contrast in terms of the scenery, flora and fauna and of course to meet different groups of local people and take in their culture.

The route eventually selected started close to the Satluj river in Kinnaur, the north-eastern region of Himachal Pradesh, then headed north up the Bhaba valley to cross the Great Himalaya Range by the Pin-Bhaba Pass to descend into the Pin valley in the rain shadow area to Kaza in the Spiti valley. The route would then take the old trade route north from the Spiti river over the Parang La and follow the Pare Chu river north-east to enter Rupshu, the eastern region of Ladakh. The Pare Chu would then be left behind close to the Tibetan border, gaining the road-head at Karzok on the shore of Tso Moriri lake. This area was closed until 1994, but now can be accessed with the appropriate Inner Line Permits. Both passes could be crossed by ponies and food supplies could be restocked part way in Spiti. We would meet Kinnauri, Spiti and Ladakhi people, including the Changpa nomads in Rupshu. Spiti is also renowned for its ancient Buddhist monasteries: Tabo, Dhankar and Ki Gompas, all over 1000 years old which would add interest to the trek.

A bit of searching on the internet and in the Alpine Club library revealed numerous opportunities for mountaineering in the tributary valleys to the Pare Chu, with well over a dozen unclimbed 6000m peaks in the vicinity. After further research, perusal of Google Earth and a very helpful exchange of information and photographs from Tsuneo Suzuki of the Japanese Alpine Club, the unclimbed 6250m peak of Lhakhang "Place of the Deity" was selected as our goal, for which an Indian Mountaineering Foundation (IMF) permit and Liaison Officer would be required.

## Logistics

Rimo Expeditions were again engaged as our trekking company and as usual, Motup provided a first class service. We had an excellent, highly experienced seven-strong Nepali crew, under the very capable leadership of Nima Bhutia, as Sirdar. Two groups of 18 ponies were hired.

The first string was obtained in Kafnoo, the village at the start of our trek, with four Kinnauri ponymen who returned there once we reached Spiti over the Pin-Bhaba pass. The second string originated from Manali in the Kulu valley, but met us in Spiti at the road-head in Kibber for the leg over the Parang La, returning to Manali from Tso Moriri lake by a different route at the end of the trek.

## **YRC** Members

Mick Borroff - Leader	David Hick
Adrian Bridge	Tim Josephy
Richard Dover	Barry Wood
Paul Dover	

Nepali Trekking Crew from Rimo Expeditions

Nima Bhutia - Sirdar Khem Sing - Helper Norbu Tamang - Head Cook Kami Sherpa - Climbing Sherpa Manbadhur Rai - Assistant Cook Sangbo Lama - Climbing Sherpa **Bishal Tamang - Helper** 

### **IMF Liaison Officer**

Mast Ram Kapoor

## Permits and Visas

This report would be incomplete without mentioning the Indian bureaucracy to be negotiated. Mountaineers wishing to climb peaks higher than 6000m need to hold an Indian "X" Mountaineering Visa (this is a type of Entry Visa). This Visa may only be issued in the UK on receipt of a clearance letter from the Indian Mountaineering Foundation (IMF), which in turn depends on IMF having approvals from both the Ministry of Home Affairs and Ministry of Defence. Expeditions also need to be accompanied in the field by a Liaison Officer.

IMF requires that applications are made no later than three months before the planned date of travel. Although this requirement was met, we did not receive our IMF clearance letter until 6th August, the week before we left! The Indian High Commission had also changed to a new on-line visa application process in June. We are indebted to Richard Dover for a last minute, high speed, cross-country motorbike journey from the visa offices in Birmingham to those in London to secure our "X" visas, just three days before travelling.

Once in India, the passports, visas and rescue insurance for each expedition member were checked by IMF during a mandatory briefing meeting. Copies of passports, visas and passport photographs were also needed for Inner Line Permits to enter the Spiti valley in Himachal Pradesh and the Tso Moriri region in Ladakh.

YRC journal

## <u>Itinerary</u>

## 17 Aug - Arrival in Delhi

We arrived in the capital to be met by our guide Nima, just before a torrential downpour marking the end of the monsoon part-flooded the roads. A coach slowly transferred us to Lutyen's Bungalow, a very pleasant guest house in South Delhi, with a shady garden populated by green parakeets and ground squirrels. Apart from Mick, who had to attend the IMF briefing, after an early dinner, the rest of the group travelled overnight on the sleeper train to Kalka. Delhi railway station was a seething mass of humanity and rodents all trying to escape the rains.

## 18 Aug - Transfer to Shimla

The overnight train partly changed onto the narrow gauge "Toy Train" railway in the morning for the ascent to the old British hill station of Shimla, arriving in time for lunch at the Woodville Palace Hotel, followed by some sightseeing in the afternoon.

Meanwhile Mick was interviewed by Wing Commander Dahiya, the IMF Director, who introduced our Liaison Officer, Mast Ram Kapoor, a mountaineer from Chamba in Himachal Pradesh. Having satisfied IMF's requirements, Mick and Mast Ram were then driven by car to Shimla, arriving at the hotel some ten hours later in time for a very late dinner, after negotiating a procession of washouts, avalanches, accidents and roadworks fortuitously avoiding the kamikaze intentions of some Indian drivers.

## 19 Aug - Transfer to Kafnoo road-head

After an excellent breakfast, we headed along the ridge-top in three jeeps. The drive lasted some ten hours and took us through sections of forests with troops of black-faced langur monkeys, down long switchback descents, eventually reaching the swollen Satluj river which looked like liquid cement. We stopped for a lunchtime curry in a restaurant that grew its own Basmati rice before reaching Wangtu, where a bridge allowed access over the Satluj to the Bhaba valley and on to our first camp beside the hydroelectric intake lagoon at Kafnoo, complete with patrolling armed guard. Here Nima introduced us to the rest of his crew and we found out that our cook Norbu was the elder brother of Kumar, the talented cook on our 2005 trip, and being accompanied by their nephew Bishal for his first trekking season!

## 20 Aug - Kafnoo to Mulling

The crew woke us at 0600 with tea. After breakfast, we waited for the ponies to arrive and eventually left the intake installation behind in bright sunshine to follow the clear Bhaba river through the village orchards and bee hives up into a superb flower-filled steep-sided alpine valley. We watched a flock of eight Himalayan Griffon vultures circling overhead shortly before passing into an area of mature pine forest. We stopped at Mulling to camp beside the river in a

large grassy meadow, whilst the mist descended onto the surrounding peaks. Several members explored higher side valleys and some blue Himalayan poppies were photographed.

## 21 Aug - Mulling to Kara

Scotch mist swirled around us as we broke camp and made way for a large flock of sheep and goats heading down to Kafnoo from higher pastures, accompanied by two Kinnauri shepherds. Rain fell as we crossed the river by a natural stone bridge and took shelter under an overhang to avoid possible stonefall from an even larger flock of animals traversing the slopes above us. The campsite at Kara had a Scottish glen feel about it, aided by extensive mist and rain! Tim and Adrian followed a side stream and eventually ventured around the back of a long waterfall before returning just before it got dark.

## 22 Aug - Kara to Fustirang

After breaking camp, we had to ford the river. Whilst the flow had diminished overnight, we still had to wade across. We then followed the Bhaba river into a steep grassy valley to reach Fustirang, the last camp below the Pin-Bhaba pass. As this was a short day, the rainy afternoon was spent in exploring the upper Bhaba valley and the snow fields with their strange formations well beyond the camp, to aid acclimatisation.

## 23 Aug - Fustirang to Pin-Bhaba Pass (4866m) to Bara Bulder

An early start was made to attack the steep screes guarding the pass and after crossing several ridges and small snowfields we reached the customary Buddhist prayer flags at the col overlooking the high altitude desert of Spiti. The contrast in scenery in crossing the Great Himalayan Range into its rain shadow could not be more striking. Gone were the greens of the grazing meadows and familiar alpine slopes, replaced by the multiple shades of browns and greys of the convoluted, thinly-bedded immature mountain ranges and their screes and moraines.

The descent from the pass crossed more scree slopes to pick up a river, which was followed for some distance to our next camp perched above the main Pin river. A track could be seen on the far side of the valley leading down from the Pin-Parbati Pass, which crosses to Spiti from the Kullu valley.

## 24 Aug - Bara Bulder to Mudh

The day dawned with full-on blue skies and unbroken sunshine. We followed the Pin valley on a meandering path through the multi-coloured landscape admiring the geology and eventually reaching the village mani walls and their inscribed stones leading down to the suspension bridge at Mudh. Threshing was in progress. The Spitians used sets of donkeys, mules and yaks, attached in order of size, to a stout central post. These were driven round in circles to trample the barley stalks. The locals were very friendly and the crew took the opportunity to purchase some chang beer.

#### 25 Aug - Mudh to Tabo

Breakfast was enjoyed in the open air, again in bright sunshine. We said goodbye to the ponymen who were to return to Kafnoo and jumped in our jeeps for the journey past Sagnam village to the Spiti river and then downstream to Tabo and its ancient gompa. After refreshments in a local café, we visited the 1600-year old monastery complex which had a very different construction and feel to the more fort-like gompas perched on hilltops, elsewhere in Ladakh. The Buddhist deities were preserved in near darkness and the guide's torch was needed to pick out the richly coloured thankas on the walls and the striking faces of the gods in the prayer hall.

After lunch camped in the garden of a local hotel, several of us visited some caves in the hillside formally used as monastic cells. One of these had been enlarged to form a temple where a party of Indian experts were planning the final stage of restoration of the ancient wall paintings. We were introduced to several professors and under the floodlighting could closely inspect the work completed so far; it was very well done using the same materials and methods as the original paintings.

## 26 Aug - Tabo to Rangrik

Once the camp had been struck, we drove back up the Spiti valley and ascended a side road to Dhankar Gompa. Established some 1200 years ago on a high ridge above the river, its setting was spectacular. We explored all accessible parts and took a myriad of photos. Meanwhile the crew stocked up with supplies in Kaza market and repaired to Kibber for a well earned rest day.

After lunch, we had to stop in Kaza to visit the office that issued Inner Line Permits. There we found that the requirements in Himachal Pradesh had recently been changed to match those in Jammu & Kashmir i.e. two passport photos, plus photocopies of passport and Indian visa were needed. Needless to say that we didn't all have the photos or photocopies with us, but the Indians now have the technology! The Border Police representative also informed us that as part of the approval process, they would be making an inspection of our baggage in the morning.

After a thorough test of the STD telephone service and the internet links in Kaza, we drove to the newly constructed Spiti Sarai Hotel upriver at Rangrik. At the hotel over dinner and a few beers, we chatted to Steve Berry from the Himalayan Kingdoms trekking company and some of his friends, who were in the final stages of their overland expedition from England to Mumbai in a pair of Toyota Land Cruisers.

## 27 Aug - Rangrik to Dumra

Breakfast was disturbed at 0715 by the arrival of the Border Police Sergeant, his boss and another colleague for the kit inspection. An introductory discussion about where we were going and the age and medical condition of the team was followed by a check of our baggage - Adrian's ex-army kitbag was singled out for particularly close attention! Fortunately they were satisfied by finding nothing suspicious and we received our Inner Line permit for us and the crew to visit Rupshu.

Breakfast was completed and we drove to Ki Gompa, the white buildings gleaming like a fairytale castle on top of a hill. The monks had just started to chant a mantra in the main prayer hall and we sat entranced for about half an hour until an intermission, when a novice brought in tea.

We left the Spiti river behind and ascended a side road to reach the white stupas guarding the entrance to Kibber, one of the highest villages in India. After a drink, we set off on foot for the second leg of the trek towards Tso Moriri, descending into the gorge of the Parilungbi river for lunch beside the clear sparking stream. A climb up the other side soon had us at the next camp at Dumra.

The tributary stream led into a small gorge where Tim, Adrian and Paul climbed some routes on doubtful rock, whilst others watched from a safe distance. A herd of bharal (Blue Sheep) were observed on the hillside well above our camp. Dinner was followed by a huge iced chocolate cake baked by Norbu.

## 28 Aug - Dumra to Thalta

Another fairly short day took us to a camp perched high above the main Parilungbi gorge. Our trek was accompanied by great views of the snow-capped trekking peak Kanamo (5963m), climbed solo earlier in the year by Nima. Once the camp at Thalta had been reached, various excursions were made along the side of the gorge marvelling at the stupendous rock formations, as we observed the following day's intimidating ascent leaving the other side of the gorge. Another herd of bharal were seen and some smaller goral (a species of "goat-elope").

## 29 Aug - Thalta to Borogen

Watched by a lone marmot, we descended steeply into the gorge and followed the lovely clear river upstream crossing it on a couple of dodgy bridges, and cooled by a stiff northerly breeze. The rock architecture was amazing: contorted zig-zagged bedding planes, a series of ramps and pinnacles adorned the steep cliffs flanking the river. Adrian had succumbed to Delhi belly and enjoyed a free pony trek to the next camp at 5190m. There was just enough space beside a cliff to pitch the cook's tent and the mess tent, which became our dormitory amongst the screes at the foot of the pass. The ponies were tethered to a rope overnight and fed on barley using nose-bags, whilst other ponymen levelled the screes to provide the ponies small platforms to sleep on too.

30 Aug - Borogen to Parang La (5578m) to confluence of Pare Chu and Pakshi Lamur rivers

A reasonably early start was made to ascend the 500m of remaining steep scree to the Parang La pass under blue skies. At the obligatory prayer flags adorning the pass, the white slopes of the glacier led our eyes down into the Pare Chu valley and onto the snow-capped mountains above. One of the donkeys slipped over on the ice, but was fortunately unhurt. The rest of the glacier was descended uneventfully in deteriorating weather and we followed the trail down the flat grey valley floor penetrating into the brown mountains above, in a swirling snow storm. We set up camp at the entrance to the Pakshi Lamur river valley, close to its confluence with the Pare Chu.

### 31 Aug - Pakshi Lamur valley

Accompanied by the ponies and more snow fall, the stony Pakshi Lamur valley was ascended via a barely visible path traversing the lateral moraines. Base Camp was established at 5153m on a flat area well below the glacier snout at N 32° 28', E 78° 09' remarkable for the unusual volume of large red pebbles in the vicinity.

An exploratory walk, partly in another snow storm, up the benign glacier to about 5370m was undertaken but further inspection of the lower parts of the north-west faces of Dhhun and Lhakhang peaks was cut short by the deteriorating weather.

### 1 Sep - Pakshi Lamur valley

The same weather pattern predominated again. After a bright start, Advanced Camp was established on the lateral moraine to the west of Dhhun at about 5400m by the full team and crew. Signs of a previous tent platform were observed but no litter or rubbish was seen. After a snow storm had blown through, the snow covered glacier was ascended to a point below Lhakhang's north-west face, where it was obvious that the whole range was well-plastered with fresh unconsolidated snow.

Two possible lines up Lhakhang's face were examined. The first was a very steep climb up an ice wall to the left leading to easier angled snowy ridge to the summit. Fixed ropes would have been needed for this route. The second was a more serpentine excursion skirting the extensive central seracs, to gain the steep north-west ridge to gain the summit. This route looked more feasible in good conditions but too dangerous under the blanket of new snow.

On the preceding two Japanese expeditions, which climbed the adjacent peak of Dhhun, their fixed ropes were swept away on the first ascent by an avalanche and on the second ascent, they had to escape down the back of the mountain, as their ascent route had become too unstable. We therefore reluctantly took a decision to abandon the attempt in the face of the obvious avalanche risk and possible consequences.

However our disappointment was somewhat mitigated by the magnificent scenery. The upper cirque above the Pakshi Lamur glacier was a really spectacular place with five 6000m metre snow peaks nestling around its rim, three of them supposedly unclimbed. Adrian, Richard and Paul returned to BC, leaving Mick, Tim, Dave and Barry, with Nima and the two Sherpas to spend the night at AC.

### 2 Sep - Pakshi Lamur valley

After a cold night, a leisurely breakfast was enjoyed in glorious sunshine, soaking up the warmth like lizards and whilst admiring the panoramic view across the cirque! AC and BC were removed and the Pakshi Lamur valley descended to the confluence with the Pare Chu river, which was then followed by a good path to our next camp at Kharsa Gogma.

### 3 Sep - Kharsa Gogma to Galpa Buze

After breakfast in the warm sunshine, we set off for a spectacular day's trekking along the wide-floored valley of the Pare Chu. Although the clouds gathered and the north wind returned, the scenery drew us on. Lines of incised lateral moraines were passed, then sequences of conglomerate towers with frequent views to snow-capped mountains beyond accompanied the ever present river. Fossils abounded in the limestone cobbles at our feet and infrequent flowering plants clinging onto life added extra interest. Our next camp was rather cramped beside the river at Galpa Buze.

## 4 Sep - Galpa Buze to Norbu Sumdo

The flat floored valley widened - up to two kilometres across, with the blue river snaking from side to side over the grey pebbles. More conglomerate towers and more incised moraines and more afternoon snow showers heralded our arrival at Sumdo, the Ladakhi word for confluence. Here we waded across the braided Pare Chu before climbing out of the valley to enter Rupshu. We emerged on a flat area of moraine, where the stumpy ruins of an old fort used as in the past a British tax collection point, looked out over the Pare Chu flowing onwards into Tibet, before returning to India to join the Satluj. The tributary valley was followed upstream to the lush water meadows at Norbu Sumdo, where the ponies enjoyed their well-earned grazing. Barry was in his element as the bird-life changed again with the different environment.

#### 5 Sep - Norbu Sumdo to Kiangdom

The wetlands in the wide valley were traversed on a good path with more snow-capped peaks hoving into view. Several recently vacated Changpa camp emplacements were passed with small mani walls. The expanse of tussock grass, which provided grazing for the Changpa's herds of pashmina goats, eventually petered out to be replaced by a wide expanse of bare gravel which after some miles led past the rocky Chumik peak (5660m) guarding the entrance to the Phirse Phu river and its trekking route to Pangi ands Manali. Shortly afterwards, the improbable sight of the turquoise Tso Moriri lake shimmering in the heat haze, could have been a mirage. However the twin snow peaks of Chhamser Kangri (6623m) and Lungser Kangri (6666m) beyond and to the east were definitely real. The camp at Kiangdom was established on the south-western corner of the lake, where the view along the lake was stunning. Over a dozen large, sleek marmots grazed in the sun, enjoying their last months of food before the winter hibernation. More deserted Changpa camp sites overlooked the marmot colonies and a lone Kiang (wild Tibetan ass) was seen close to the lake shore.

#### 6 Sep - Kiangdom

Mick, Dave, Adrian and Tim decided to walk back towards Norbu Sumdo keeping to the western bank, but then turned sharply west into the major side valley containing the Phirse Phu river, to have a look at Chumik on the south side. After following the river for several kilometres, plans for Chumik were abandoned and Dave and Adrian returned the same way. Meanwhile Mick and Tim ascended the rock ridge to the north-east, traversed to a fine viewpoint at 5434m and then descended a steep loose gulley back to the camp beside Tso Moriri.

### 7 Sep - Kiangdom to Karzok road-head

The last day of trekking was a long journey along the pebbly shore of Tso Moriri. The view back down the lake was topped by Gya (6794m) while Kangris Chhamser and Lungser were slowly passed. The waterside path eventually led to a sequence of a score of mani walls, then a cremation platform and a prayer flag bedecked stupa overlooking Karzok village and our final camp. The village was a real contrast to our previous nights in the wilderness and the chorus of dog barking in the night would have led to some machine-gunning had the armaments been available!

#### 8 Sep - Karzok

The day at Karzok before the jeeps arrived allowed us the opportunity to visit the tented encampment of the Changpa nomads in a wide valley some distance above the village. The Changpas live in four-sided black yak-hair tents, which are moved between grazing areas in the summer whilst yaks and pashmina goats crop the grass. Changpas are devoted Buddhists and the two central objects of a nomad's tent are a stove and an altar. Many nomads carry spinning prayer wheels or strings of amber prayer beads. Midmorning, the whole tented village emptied into a large canvas tent to attend the day's prayers led by monks from the gompa in Karzok. Nima told us that they were now seven days into a two-week prayer cycle.

It is a hard way of life for the Changpas and may now to be starting to die out. There were no older children or teenagers in the camp, as they were either away at school or having gained an education, had left to seek work in the towns, rather than returning to Rupshu. The younger kids were as inquisitive as ever and always interested to see themselves on our digital camera screens or to look through Barry's binoculars. They will undoubtedly see great changes in their lifestyles compared to their parents. The rest of the day was spent wandering around Karzok and down to the lake shore. Our last night's dinner was prepared by Norbu and several courses were enjoyed including an enormous freshly-baked cake with the message "Happy Trek Ending 2008" in chocolate icing!

#### 9 Sep - Transfer to Leh

Our three jeeps arrived at 0715 under a clear blue sky which heralded a welcome break in the weather pattern. After leisurely packing up the camp, we thanked each of our crew members for their unstinting efforts and said our farewells. After having our permits checked at the police post, we set off for Leh. The first leg on an unmetalled road took us past yak herds to another blue lake - Kiagar Tso and over the prayer flag bedecked Nakpokoding La (4990m) to the Mahe Bridge spanning the Indus river. The metalled road then followed the spectacular Indus valley all the way to Leh.

The drive passed through seriously impressive rock scenery through gorges and across steep hillsides, with the Indus never far below. We arrived in Leh some seven hours later and were soon enjoying tea and biscuits with freshly picked apples in the flower garden of the Omasila Hotel, admiring the Stok Kangri range, glistening under a coating of fresh snow. After walking round to the Rimo offices to see Motup, we had a brief wander around Leh, followed by a really good Indian buffet and a few beers in the hotel restaurant.

#### 10 Sep - Leh

Tim joined a Rimo white-water rafting trip down the Indus. Adrian and Mast Ram went in search of some rock climbing on the cliffs below Leh Palace, while everyone else explored Leh. We all met up in the late afternoon to watch a polo match, where two local teams fought a somewhat frenetic game in front of a large crowd of locals and tourists. Afterwards, we joined Motup and Nima for a chat over an excellent tandoori dinner. Motup told us that plans were well advanced for the Ministry of Tourism, supported by the IMF, to designate a further 100 peaks as trekking peaks, a very welcome development.

#### 11 Sep - Transfer to Delhi

The morning flight to Delhi was uneventful (must have been Barry's prayers) and we were soon back at Lutyen's Bungalow, chilling out in the garden. Another Indian dinner was enjoyed at Pindi in Pandara Market, after a rather lengthy perambulation of the streets of South Delhi.

#### 12 Sep - Delhi

Richard and Paul left early for their flight back to the UK. The remaining five hired a car and driver for a tour of Dehli taking in the Parliament buildings, Delhi Gate, New Delhi, the Jama Masjid mosque, the Red Fort, the Raj Ghat, where Ghandi was cremated, finishing up at Quth Minar Complex and its soaring sandstone minaret deeply inscribed with verses from the Koran. Swagath, a southern Indian restaurant in Defence Colony market was chosen from the Rough Guide for dinner. We took advantage of their fortuitous two-for-one offer on Tiger beers, to wash down Mangalore-style seafood and other tasty curries.

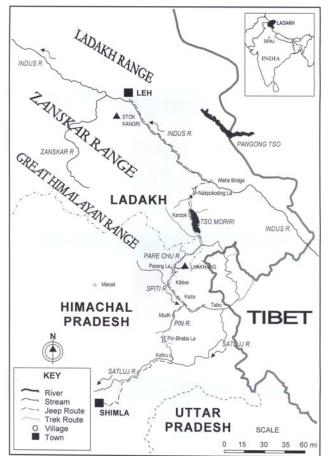
## 13 Sep - Transfer to UK

Mick, Adrian and Dave crammed in a tut-tut to visit the Jantar Mantar, the open-air observatory built in 1726 with its unusual geometrical measuring instruments, before stopping for a last-minute purchase of some top quality Darjeeling tea and an intricate painted thanka.

We had booked an evening flight back to the UK and as we were driven to the airport were shocked to hear the news that at least 20 people had been killed and 90 injured when five bombs tore through a Delhi shopping district. Four more unexploded bombs were found by police in the area and defused. Fortunately the airport was not disrupted and we departed after Adrian bought a round of ice creams.

## **Conclusion**

From the trekking perspective, the expedition exceeded our expectations. Both the alpine valley on the Kinnaur side and the rugged beauty of the high altitude desert in Spiti and Rupshu were fantastic. None of us will forget the mirage-like panorama across Tso Moriri. We arrived at Base Camp to schedule in a fit and well-acclimatised condition. Only the unseasonable snowfall and the attendant avalanche risk were not expected. The mountains around the upper Pare Chu valley and Pakshi Lamur valley certainly deserve more exploration and there are still well over a dozen unclimbed 6000m peaks in the area.



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## Mapping

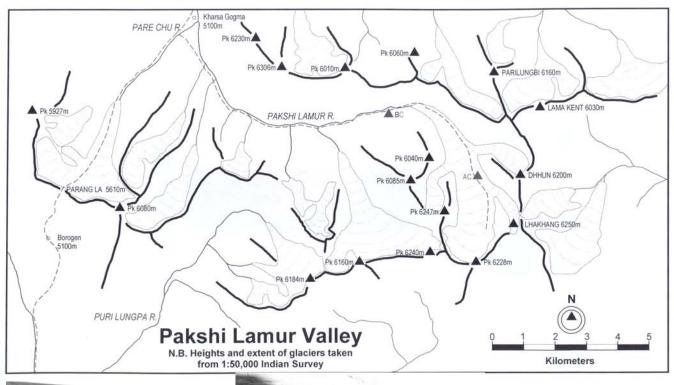
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Four pictures of the Locals

Goats & sheep in the upper Bhaba valley, Kinnaur

Pony train in the Pin valley, Spiti

Lakhang Peak (6250m) from Pakshi Lamur glacier, Spiti

Photos Tim Josephy, Barry Wood and Mick Borroff

# SPITI KINNAUR TRAVERSE A PARALLEL VIEW!

It was clear from the outset that Mick had put in a tremendous amount of time and effort in planning/organising the trip - also as we got involved with it, that, had he not done so, we could not have gone where we did and seen the magnificent sights that we did.

The rest of us were amazed at his command of the names and relative geography of the whole plan; for me it was only after we'd been to each place along the route that such details began to stick.

Near to departure, the frantic visa application process threatened to drive us to drink - Richard proved to be the hero and saviour of the hour with a motorbike dash to London.

The end of the monsoon was still in progress when we arrived in Delhi - hundreds (thousands?) of locals were out in it as we drove away from the airport. Some sought shelter from the heavy rain, others just carried on uncaring about being soaked. The authorities are building a metro in the city due (to be completed in 2010 for the Asian Games). Large disruption, extra slow progress, plenty of mud and big machines occupied large sections of the roads they are tunnelling under. The dense traffic grinds around it, leaving tissue paper thickness gaps between vehicles.

At Delhi train station the squalor was remarkable. It appeared some people were living there, squatting and keeping out of the rain. Unsavoury food vendors, surrounded by even more unsavoury dogs and plenty of rats kept us company during the extra time we waited for the delayed train. There was hardly a square yard of space anywhere - we sat on our kit to stop it walking. Once on the train, it was very smooth and sleep was easy. Beside the Toy Train line, which we joined after dawn, there was a chap with a whistle every mile or so; he saluted and blew his whistle as we passed; (possibly the Raj introduced that practice as they moved to the cooler mountain town for the summer and it has carried on ever since?).

At the Woodville Palace hotel, we were met by a severe old soldier - still in uniform. He saluted each of us in a very elaborate and stylised way, picked up three bags and marched off to our rooms. Each bag was nearly 20kg and one was as much as we could carry. He did wobble a bit on the steps.

Money changing in Shimla was a real performance; we had to give in our  $\pm$  or \$ in one little shop and were given a carbon copied scrap of semi legible pink paper then had to follow a chap to another shop where eventually the rupees arrived (we got 79.5 Rs to the  $\pm$ 1). The second office had electrical installations that looked like a Frankenstein set, with about a dozen clerks jammed into the small room.

How they survived is a mystery.

The drive from Shimla to the beginning of the first trek was often alarming; three 4x4s were engaged for us seven and our gear, Nima ,his crew and their gear. The drivers were very aggressive: it seemed mandatory to pass whatever was in front, no matter whether there was space to get into or not or if anything was coming the other way. To begin with, whilst the roads were very crowded and full of puddles/mud, it wasn't scary, but later, traversing roads cut into steep valley sides with several hundreds of feet/metres of drop only inches away, it became alarming. Heights don't generally bother me but I was very glad to see the end of that drive.

At our second campsite, one of the ponies needed a re-shoe at the back. A novel technique was adopted. A piece of rope was tied to its tail which was then wrapped around the ankle and tensioned so its hoof was in the air at the right height for shoeing. It realised it had to stand on three legs so was quite docile and didn't writhe around - they heated the shoe up on a gas ring before fitting.

In one of the several flocks of sheep and goats we passed, there was a donkey with four tiny kids in a pouch on its back; they had the softest ears imaginable.

The ponies were very sure footed - it was amazing how they coped with the rough terrain loaded with all the stuff. Difficult enough for us with only two legs. I walked behind one and watched closely (and discovered probably what any horsy person knows). They do watch where they put their front feet, then the back feet go to almost exactly the same place as they move forward.

Just before Mudh, we came across a couple of family groups threshing barley by having horses and donkeys tied to a pole and walking on it in a circular path. The man of the family walked behind, not only to urge them on, but also to pick up and throw away the poo they dropped before it got trodden in.

In Kaza, we had to get an additional Inner line permit to allow us to go where we intended, and already had permission for, from the IMF. The office we had to visit was quite something. On the third floor of a dismal cement building two 'clerks' were crammed into a hot tiny office with no ventilation, plenty of flies and two desks piled high with papers. There was no telephone, no filing cabinets, no typewriter, no copier - and not surprisingly, little function! One imagines this is repeated thousands of times across the country.

The mountain scenery in the Pin and the Pare Chu valleys defies adequate description; the vast scale and steepness of the multicoloured, continuously varied, layered, fractured and friable rock was quite amazing. You have to see it to know - great that we could.

Some time after crossing the Parang La and visiting Lakhang, I took a picture looking back to the pass. One would look at the picture and think - a good day's walk to the pass; it had taken us three days! It's a big country.

Between leaving Kibber Village and reaching Karzok, we saw just two groups of trekkers: some Polish folk and a couple of Belgians, going back the way we'd come. There was one additional chap on his own, by Tso Moriri, who said he was going to Kibber - no support, no tent, not a very big rucksack, 'going to sleep in caves on the way' - we'd seen no caves. He turned back we heard. Apart from these, we saw no others for the twelve days we were on the trek. Its fortunate that we had no difficulties - getting out quickly wasn't an option.

There were wild horses at Kiangdom and we saw several, generally more than a km away. At one point, Manbadhur decided to try and catch one, so, (carrying a rucksack full of the party's lunch), he set off running across the stony plain. He didn't succeed, but to think of this at 4600m left us breathless. I later learned he'd been born at 3300m, so perhaps was a little better prepared than we were. When we visited the Changpa yurt encampment above Karzok, I felt quite uncomfortable - a bit like a voyeur - looking at these people who were so different in all respects. The little children were all snotty nosed and demanded money or pens, the mothers were certainly not pleased to see us. I suppose many trekkers visit just to look at their way of life and they are fed up with it.

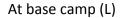
The final drive from Mahe Bridge to Leh alongside the river Indus must rank as one of the most scenic in the world. Steadily descending for over 100 km, through a huge gorge of largely granite rock, with fantastic colours, shapes, enormous scree fans and intriguing narrow valleys joining, it was really spectacular. Should anyone fly through and make an Imax film, I doubt it could be watched without white knuckles, fear and perspiration!

ADB





Pare Chu panorama (L) and Paralungbi River gorge, Spiti Photos - Dave Hick



Upper Bhaba valley, Kinnaur

Descent into the Pin valley, Spiti

Camp at Kharsa Gogma, upper Pare Chu valley (L)

Ki Gompa, Spiti valley

Photos Mick Borroff





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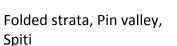












Descending the Parang la glacier, Spiti

Dave Hick inspecting Lhakhang Peak (6250M) from Pakshi Lamur glacier, Spiti

Pony train by eroded tower, Pare Chu valley, Spiti

Paul & Richard Dover crossing the Pare Chu

Base camp, Pakshi Lamur valley, Spiti

Phirse Fu river valley, Rupshu

> Mentok Peak above Tso Moriri, Rapshu



Camp beside Tso Moriri, Rupshu



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Pare Chu valley, Spiti

Chhamser Kangri & Lungser Kangri above Tso Moriri

Photos Mick Borroff

# MEETS REPORT, UK

# **INVERIE MAY 17-23**

I understand it is some years since the YRC last held a Meet in Knoydart. Knoydart is one of the most remote areas of Scotland and as a walking and mountaineering area, is considered by many to be second only to Skye. Therefore, considerable interest was shown when a Meet, centred on Inverie, was listed for 2008.

Inverie, the main centre of habitation, can only be reached by boat so it was that 11 members gathered on the quayside at Mallaig awaiting the arrival of the hired boat arranged by Richard. There is a public ferry between Mallaig and Inverie but this only runs on weekdays. Our boat, crewed by Bob Wright, arrived on time and a reasonably calm crossing up Loch Nevis with overcast skies, was enjoyed. A porpoise/dolphin was sighted and several guillimot.

On arrival at the jetty at Inverie we were met by Paul who was accompanied by his bicycle. He had travelled by train to Mallaig from Cambridge and crossed to Inverie on the Friday. Transport had been arranged to transport our considerable amount of luggage and provisions to the bunkhouse and as this was a mile walk away, it was much appreciated.

Inverie boasts a pub, restaurant, Post Office and Tea Room, probably the maximum amount of civilisation appropriate to this area.

It may be of some interest to learn that there has been a considerable change in the ownership and management of a large area of Knoydart since 1999. In that year, 16,500 acres of the Knoydart Estate were taken over by the Knoydart Foundation, run by a board of local community members and representatives of the John Muir Trust and other like bodies.

We found the bunkhouse (run by the Foundation) to be adequate but lacking in some respects, particularly the kitchen.

Sunday dawned bright and clear. This set the pattern for the rest of the week, with plenty of sunshine and no rain.

Sunday also saw the arrival of Mick. He had been to the USA on a business trip and was delayed by storms at Newark Airport. He eventually managed to get on a hired boat from Mallaig and after some setbacks, reached the bunkhouse.

Knoydart boasts 3 Munros:- Ladhar Bheinn (1020m), Luinne Bheinn (939m) and Meall Buidhe (946m). All these were climbed by various routes during the week by Derek B, Barrie, Paul, Graham, John (G) and Mick. In addition, the Corbetts:- Beinn Bhuidhe (855m), Sgurr Coire Choinnichean (796m) and Beinn an Caillich (785m) were ascended.



Inverie Bay Above from Sgurr Coire Choinnichean Below from Druim Righeanaich





Luinne Bheinn from Gleann An Dubh-Lochain

Various groups walked all or part of the 7-mile stretch of tarmac road to Airor. This must be one of the most picturesque stretches of road in the country with magnificent views to Eigg, Rhum, the Cuillins and Slioch as well as the Torridon Hills.

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On three occasions (once by bicycle), the 14-mile circuit to Airor and along the coast to Inverguseran returning to Inverie by the Mam Uidhe track, was traversed. Also, various parties walked to Loch an Dubh-Lochain and scrambles along the coast to Sandaig (a delightful bay) and Doune were made.

Monday saw the arrival of Tim who had taken the train to Spean Bridge and walked in up Glen Garry and Glen Kingie bivouacking out. He had ascended Sgurr an Fhuarain (901m), Sgurr Mor. (1002m), Sgurr nan Coireachan (953m), Garbh Chioch Mhor (1013m) and Sgurr na Ciche (1040m) as well as the three Knoydart Munros.

On Monday evening we were visited by Tony Dunford, an ex YRC member, now a Prospective Member and his Guest, Ken Roberts. They were stopping opposite at the Olde Byre bunkhouse. This proved to be a very superior establishment with all mod-cons.

Wednesday saw the departure of Albert, Derek (E), Howard and David as well as Graham and his Guest. The latter two, having climbed all accessible Munros, were heading south to add to their tally.

Wildlife was somewhat disappointing but the following sightings were reported -

Mammals :- Fox and Red Deer.

Birds:- Golden Eagle, Sea Eagle, Stonechats, Whinchats, Jack Snipe, Black Throated Diver, Wheatear, Pied Wagtail, Siskin, Cuckoos (one young being fed by its host bird), Gannets, Guillemot and Common Sandpiper.

There were also two Peacocks in the vicinity of the bunkhouse who serenaded us with their cries at night.

This trip was also a sentimental one for John who first came to Knoydart 61 years ago at the age of 17 and remembered camping on the beach in a Bell Tent in the company of the Stembridges.

Friday, the day of our departure, saw the only rain of the week on our boat trip to Mallaig where the party split up to make their various ways home.

I think I can say, without doubt, that everyone enjoyed the Meet in this wonderful area of Scotland. Our grateful thanks must go to Richard for organising the Meet in his usual efficient manner and also to whichever Gods control the weather for putting on a near-perfect performance.

R.E.D

## Attending:-

Derek Bush, Mick Borroff, Albert Chapman, Roger Dix, Graham Dootson, Paul Dover, Tony Dunford, Derek English, David Handley, Howard Humphries, Tim Josephy, Richard Kirby (Meet Co-ordinator), John Lovett, Ken Roberts (Guest), John Sykes (Guest), Barrie Wood.

# BIG BIKE RIDE JUNE 10 -12 THE WHITE PEAK

It was a jovial and convivial group that convened at Alstonefield on Tuesday June 10th in preparation for the Long Bike Ride the following day. Some had fitted the LBR around other activities during the week, whilst others were there for this event only. The varied and exciting culinary expertise of YRC members was very much to the fore as maps were studied to confirm food stops and assess the hills involved. The location for this meet was extremely well chosen: the Youth Hostel was exclusively ours, and its location was picturesque and peaceful.

There were two route options: a Long of nearly 70 miles, and a 'Not so long' of around 45 miles, with an impressive set of on and off-road options. Although 70 miles might not seem particularly long (previous routes have been up around 100 miles), the 5200 feet of Peak District ascent was certainly going to sap our energy as was the steady stiff breeze that changed direction as we did to ensure that it was always in our faces.

The route was designed to allow us to take in the four main cycle trails of the Peak District, namely the Manifold, Tissington, High Peak and Monsal trails. These well established trails make for wonderful cycling on good surfaces through some of the most attractive parts of the Peak District, and it is a tribute to the enterprising Dovers that they were able to string them together in such an all-encompassing and convincing manner.

We nearly got away by 6.30, but the inevitable last minute fettling made it nearer to 7.00 before we set off into a keen breeze of the grey early morning. Stoked by a serious breakfast, and warmed by the first hills we were soon onto and beyond the Manifold trail, over Throwley Moor and onto the best known of the trails, the Tissington. A short spell soon brought us to the first of our fuel stops at the old Tissington station where Ann Dover was patiently waiting to offer coffee and snacks. Entertainment was provided by the Dover's friendly Dalmatian who hovered up crumbs and another passing dog that was frightened of its own shadow.

By now after around 15 miles, the Long Riders had pulled ahead of the Short Riders although Richard Gowing stayed with the short group before ploughing his own furrow on the long route. Coffee supped, it was off along the Tissington trail in a gentle but relentless climb into the wind all the way to the delightfully named Parsley Hay, and then we threaded our way through a series of quiet roads and lanes to Miller's Dale. The off-roaders had some short-cut options, leaving Rob and Howard the slightly longer road routes. Longer; yes, but also appreciably faster as we hit nearly 40mph on the glorious descent into Miller's Dale. Time to watch the river, fishermen and trout as we waited for the others, poor Graham nursing some bumps and grazes after a spectacular foray over the bars on a moorland section. Lunch at Cresswell by the brook, courtesy of Ian Laing, was delightful before we remounted to climb

up....and up...and up to Monsal Head where we joined the Monsal trail that led us to Bakewell. A breather in Bakewell preceded a long and arduous series of undulations over about ten miles, which was one of the biggest challenges of the day.

Those on the short ride had meanwhile been enjoying a spin around a lake...more precisely they had cycled over from Tissington to Carsington water where they followed the lake's edge for a while before heading to Hopton and shortly afterwards to the High Peak Trail. The third food stop for the Long Ride...and second for the Short...was very welcome as Ann greeted us once again, this time on the High Peak Trail. From here, those on road bikes had a slightly longer route home, revisiting Parsley Hay before heading on delightfully quiet roads along a valley through to Hartington and then on even quieter roads after Hulme End. The off road team had a more direct and equally charming route home via Beresford Dale. So it was a somewhat wind-burned and pleasantly tired team of cyclists that gathered at the hostel on the Wednesday evening. While supper was prepared, some repaired to the George Inn in the village, whilst others swapped tales of the ups and the downs of cycling in the Peak District. How can it be that one group was allegedly 1.5 hours behind the lead group after only 15 miles? Or had they found a café? Or does the George serve a breakfast special? Some things will not be known: we do know that the wind was officially measured at 15mph, and we know that we owe a huge vote of thanks to the Dover family...Richard, Paul, Ann and Johnny... for their efforts in making this another highly successful Long Bike Ride. The turn out attests to the popularity of this event and we all look forward to many more in this vein.

H.P.

## MINORITY REPORT FROM THE WALKING SECTION (me)

This was a good meet with a real physical challenge for those inclined towards un-powered two wheel transport. There is a keen minority of club members who enjoy (if that is the right word) this activity and to my mind it should be encouraged. Despite being a keen cyclist as a teenager I now find my anatomy does not lend itself to such travails but I enjoyed the company of fellow members and did my own thing, perhaps more so than I had intended.

I arrived at the first support stop with some already having gone through and enquired of the next stop where I intended to lend a hand. When I got there I went for an impromptu walk and returned to no sight of any YRC and not being sure whether they were in front or behind me that was the end of my involvement with the meet until we met up at the youth hostel for the evening repast.

This may not be a dramatic walking area but I found corners that I had never visited before and had an excellent days walking. One feature peculiar to this area is that the small hill summits often had copses on top which on closer inspection turned out to be stock pens shielded by rings of trees. Minning Low was one such hill that I went over and another which attracted me for some reason was Roystone Rocks.

I would also have to say that walking across the river valleys rather than along them brings a very considerable amount of climb. Gypsy Bank out of the Dove up to Alstonefield was a sting in the tail of my walking day.



The following day dawned to pretty miserable weather so I took advantage to visit the hostel we were to use for the October meet and finalise arrangements.

If this cycling event is to remain in our calendar I would suggest it should be bolted onto a walking weekend by using either a Friday or Monday so that more members can be involved in some way.

R.D.

Present: Richard, Ann, Paul and Johnny Dover, Ian Laing, Roy Denney (walking), Roger Dix, Graham Dootson, Richard Gowing, Jeff Hooper, Rob Ibberson, Richard Kirby, Howard Papworth, Arthur Tallon

# LAKES, LONG WALK JUNE 20 - 22

Circumstances prevailed against this meet and not many of the regulars were available. As a consequence, the original venue was cancelled and the meet relocated to LHG

Early arrivers on Friday enjoyed excellent weather for a preliminary walk, all the more appreciated in view of the appalling forecast for the weekend. There were only four walkers and two supporters; nevertheless a convivial evening was had.

Because of the forecast, an early start was decided upon and John Sterland ferried the walkers over to Honister Pass for a 6 AM start. Clear skies gave a false sense of optimism as we set off past Green Gable and along the path under Gable crags. Great Gable, Styhead Tarn and Scafell Pike were all reached in the dry, but ominously gathering clouds decided us against Scafell itself and by the time we reached Esk Hause the weather was diabolical, with low cloud, gale force winds and torrential rain. On the way up Bowfell we met a fell race in full swing and realised that however bad things may seem, there is always someone more miserable than you are. On the way down to Crinkle Crags, we followed an obvious path until it became clear even to ostrich minds that we were heading too far down and entirely the wrong way. Slogging back up, we eventually found the right path and reached Wrynose summit without further ado.

Here one member swore he knew a good traverse way across to LHG and convinced the rest to follow. Whatever he had been taking, it had given him delusions and before long the party split, with two taking the easy option of going down to the road and walking back up. Everyone arrived back safely, if wetly, by late afternoon.

We enjoyed an excellent dinner, courtesy of Roy Pomfret and despite the small numbers, still managed animated and argumentative conversation well into the night.

Sunday dawned even worse than the day before, with severe gales and heavy rain. Most headed off south in search of better weather, whilst two remained. They walked over to Tilberthwaite and back; even that gentle outing was a monumental struggle against the elements. In the late afternoon, they attempted to leave, but after negotiating a flooded lane, found a large fallen oak tree blocking the way at the ford. It is worthy of praise that Cumbria County Council, despite having, as they told us, hundreds of trees to clear, got the job done within 3 hours. Excellent service.

Despite the fine efforts of the support pair, this was a disappointing meet, both in turnout and weather. It is to be hoped that this was a one off and that next year will be attended as well a befits this most traditional of meets.

Support Roy Pomfret John Sterland

Walking Michael Smith Mick Borroff Richard Josephy Tim Josephy

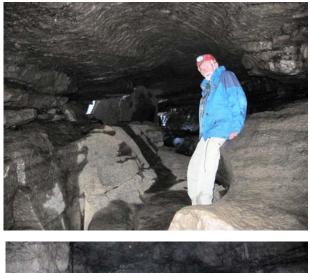
# NIDDERDALE JULY 18-20 STUDFOLD ACTIVITY CENTRE, LOFTHOUSE.

There was some discussion as to when the Club was last in Nidderdale. At least two oldies recalled having tea at the Yorke Arms during a meet in 1954 so our return was long, long overdue. Spenceley was the mover of this meet as he had been introduced to the hills and potholes of this dale by his father in the 30's. For him it was a weekend of nostalgia for others an opportunity to tread ground in a valley less well known. There was of course the chance that at 87 years of age he might not make the date, in which case it would have been the swiftest held memorial meet of all time! However George seems indestructible.

The dale was ascended, traversed, contoured, descended (and wheeled sometimes speedily by others) at a leisurely rate over the two days by possibly the largest turnout for a July meet for many years. Brimham was also attacked where a non serious fall was sustained. The elusive Meugher did not elude the President elect and his French guest. The weather throughout defied the forecast as large amounts of sunshine and high scudding cloud prevailed for the most part. Spenceley was led into the early stages of Goyden Pot triggering many memories. Meanwhile less than 20 miles away a golf course was shut because it was waterlogged!

George underground







Dinner was a grand affair with a beef stew made by GBS, but given a French name by him, unaware that that there would be a French guest present to check the spelling and the grammar of the menu.

Spenceley's praises were sung. His, the Club's and absent friends were toasted and the post prandial bonhomie for which the Club may be unique prevailed till torpor, induced by exercise and alcohol, sometimes in large amounts of both, made bed the only option.

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Rule 2 had been fulfilled though the bit about 'folklore' is doubtful. Those roaming the east side of Great Whernside could easily imagine how a party of YRC members, some 20 years ago, had totally failed to find Hag Dyke after a pub lunch at Middlesmoor one December Saturday. Very confusing ground when mist appears and the light begins to fail. They did make Kettlewell where they bivouacked in a barn much to the amusement of the rest of the meet.

It really is hard to see how we could improve on what the Club has in abundance i.e. an intimate, sometimes eccentric, band of comrades welded by common love of the hills and an incredible amount of shared experience

D.J.H

#### Attending:

#### The President Mike Godden

George Spenceley, David Handley, Arthur Chapman, Derek Bush, Barrie Wood, Adrian Bridge, Florent Ducos (Guest), Tim Josephy, John Jenkin, John Hawkes, Mick Borroff, Paul Dover, Bill Lofthouse, Harry Robinson, John Hemingway, Richard Josephy, Alan Linford, Derek Smithson, Mike Smith, Steve Craven (Guest, Mountain Club of South Africa), Ian Crowther, Dave Martindale, David Hick, Eddie Edkins, Harvey Lomas, Ged Campion, Jeff Hooper, John Lovett, Mike Hartland.

#### Editors note -

In passing I would point out that we have been in Nidderdale several times since the 50s.

I started going out with the club at the end of the 60s and have certainly been to one at least one Meet there. We walked into Nidderdale from two meets at Hagg Dyke but we also had a camping meet by Howstein Gorge when we becked the gorge on the Sunday after doing Goyden Pot on the Saturday.

The meet was attended by a PE teacher from St Peter's School York founded in 627AD. He felt that the oldest school and oldest climbing club in Yorkshire should do something together but he changed his mind on the Sunday having been encourage to become fully immersed in the beck. He called it a day and by the time the rest of us got back to the tents he had decamped and vanished.

As to the meet you refer to in Hagg Dyke I must put the record straight. I and a solicitor friend who was my guest at that meet were part of the group who walked into Nidderdale and whilst some longstanding members of the Club did fail to find Hag Dyke on the return the two of us had no difficulty and enjoyed the sumptuous repast and joined in the toast to absent friends (and helped eat their dinners)

We had no difficulty finding Hag Dyke despite fairly deep snow and thick mist. We did not even have to resort to compass or altimeter. The racket from those members already present who had presumably only had modest days out, was clearly to be heard and followed from at least half a mile away.

# LADS AND DADS, LOWSTERN August 22 to 24th

This meet falling on Half term and August Bank holidays did not result in a drop in attendance, 10 lads, unfortunately no lasses this time, 11 members and a most welcome addition of 5 family members, 26 in all. Apart from overnight rain on Saturday weather fine all activities with almost a third of members preferring a tent to the comforts of Lowstern. Not, I might add to get away from the lads as they were no bother all weekend 8 of the group on their 4th L&Ds representing a significant core strength, another 5 were known to be on other activities.

Friday evening as usual a refresher on fitting harnesses and basic knots, preparing food and gear for Sat breakfast at 7am and 8am start to Gaping Ghyll. In fact, with the help available we were off in true YRC style before 8 am, most grateful to John Schofield who attended with the sole task of cleaning up and preparing the veg etc for 26 for dinner on our return.

10 lads and 7 adults took advantage of the winch set up by our friends, the CPC, with the early start not too long a wait and all had along day underground visiting the Sand Caverns, descending into the Mud Hall and enjoying the spectacle of the main chamber. This trip made possible by the arrival late Friday eve of Michael Smith who led one of the two groups.

The plan for Sunday was to visit Twisleton Scar but with the overnight rain and insufficient experienced members we opted for the rock wall, the preference of the lads it has to be said. Some of the lads are noticeably improving technique but need a better ratio than available to structure climbing.

We enjoyed excellent service from Inglesport who allowed us to collect hats and lamps on Friday and in some cases return on Sunday for a 1 day hire rate. Sunday, all the children climbed on their rock wall and for those without rock boots the hire rate included the loan of boots. Good old fashioned Yorkshire service, makes life so much easier.

More or less a 'clean plate' meal of bangers and mash on Saturday evening most grateful for the support of the ladies especially Evelyn (hope to see her again!) who waded into something like 90 slices of crispy bacon and a mountain of sausages.

Mike and Marcia Godden, Jahel Godden with Jaques and Max, Alan Linford with Joe and Alex, Bill Lofthouse with Luke and Kier, Richard Josephy with Charlie, Ian Crowther, Robert Crowther with Michael and Adam, Phil and Evelyn Dover, Helen Vaselic with Marco, John Schofield, Michael Smith, Richard and Elizabeth Gowing and a welcome visit from Albert Chapman. Thanks from all to John Lovett, a grand hut.

# GREAT LANGDALE - RLH JOINT MEET 12th to 14th September

Many of the YRC attendees went to the funeral of a much respected member, Chris Renton, on Friday before moving on to RLH. This did not detract from the enjoyment of the meet though occasionally raised a more philosophical note.

Only three were active on the Friday who then managed to meet in the ODG for a drink before enjoying a dinner of corned beef hash, etc. with the 23 other attendees. The two Waferers arrived at the ODG via Pavey Arc and Harrison Stickle, whereas the YRC member walked all the way down the far side of the river to the Langdale camp site.

Saturday dawned with typical miserable Lakeland weather and the party divided itself more by age and ability rather than club membership. Apart from those who felt they were needed to fulfil the most important of club objectives of preparing a magnificent dinner; the most decrepit managed to walk round to Little Langdale and visit LHG. There was then another good sized group who faced the weather by traversing Lingmoor Fell, but there was no organized attack on The Crinkles. Most of the day the Crinkles were enveloped by wind rain, and mist, but this did not stop a number of small parties traversing the mountains successfully, not all in the same direction, which seemed to prove that it is easier from south to north. The one party in the reverse direction found themselves part of a number of groups all groping for some idea of where they had got to. With touching belief they accepted the view of a stranger with a GPS and so managed to join the rest of us before we had finished eating. The heroes of the day were the party of two who went off in the direction of Scafell via Bow Fell and completed Scafell Pike and Scafell but admitted not being able to follow the Corridor Route back to Sty Head. Despite the wind, rain and cloud it is not suggested that they were lost, merely finding a more interesting route over the greasy boulders. Shortly after lunch there was a change in the weather and many of us dried as we walked at lower levels towards the end of the day.

The evening buffet maintained the high standard of catering we have come to look forward to at this meet. The hard work, planning, and execution by Alan and Mike has to be seen to be believed. Many of us helped with simple tasks like washing up, but perhaps rodding out the sewer was a notable and essential task, and observed with interest by passers-by.

Sunday dawned sunny, well at about 8'oclock, and the view up the valley was outstanding. Every regular attender at this meet must have photographed this view and still we stand and stare. Apart from the party polishing the hut nearly everyone and their cars just seemed to evaporate so the only activity to report is a younger pair who left late morning to visit Scout Crag. Presumably they enjoyed themselves and survived. Some of us arrived home early enough to be involved in gardening, which is not among either club's objectives.



Present were, Wayfarers.

Alan Linford Mike Godden Ken Aldred Pete Dixon George Chambers Russ Bloor Steve Auty Colin Smith Jack Middleton (G) Nigel Musgrave Martin Tomlinson David Omerod Bob Ferguson YRC

Derek Smithson John Schofield Richard Kirby John Lovett Martyn Trasler Chris Ursell(G) John Jenkin Harry Robinson Mike Smith Richard Smith(G) Frank Wilkinson

DAS



Crinkle Crags and Oxendale from RLH

# CWM CYWARCH

# Thursday 9th to Sunday 12th October

After a gap of five years we were back at the superbly situated Bryn Hafod hut of the Mountain Club of Stafford. Six members were installed by Thursday evening, the remaining five arrived at various times on Friday or early Saturday morning.

The weather on Friday was claggy and windy; on Saturday it was just claggy, but despite this everyone got out on the hills and most succeeded in finding their intended tops. Several groups did the Arans, in various directions and combinations with lesser hills. Ian had a long day's cycling on Friday and had his life saved by John on Saturday. Richard J. did an obscure 2000 south of Glasgym and made the mistake of returning through the forest - knee-deep mud and endless felled trees to negotiate. The Smiths and Mark got the prize for the longest walk on Saturday -Hengym and the Arans followed by a descent to the east and an involved route back.

Sunday dawned warm and sunny with clear sky and wisps of cloud disappearing from the valley. It was too good to miss and most people went out again, some to Cadair, Richard J. to some more 2000s south of Cadair, and the Smiths and Mark to find a dry climbing route. It was described afterwards as "exciting" - this might have been a euphemism as they looked a bit pale and Mark had one less rock boot than he started off with.

The world's financial problems were all sorted out in the evenings, along with many other issues, helped by Roger and Stuart's excellent provision of two delicious and distinctive dinners. Many thanks to them for organising the meet.

Present: Mick Borroff, Derek Bush, Ian Crowther, Roger Dix, Stuart Dix, John Jenkin, Richard Josephy, Mark Pryor, Michael Smith, Richard Smith (G), Barrie Wood.

# PEAK DISTRICT, BRETTON YHA

# OCT 31 - NOV 2

Members gathered during Friday afternoon and evening at the YHA hostel we had taken over for the weekend. This attractive self catering hostel at Bretton, on Eyam Edge in Derbyshire sleeps 18 which exactly what our turn out was although overflow arrangements were in hand if needed.



Catering facilities are more than adequate for breakfasts but a bit limited for attempting to cater for an evening meal for all of us, to our

RJ

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usual standards, so we reserved a number of seats at the hostelry next door (the Barrel) for meals Friday evening and booked a communal meal at the Bulls Head in Foolow for the Saturday.





Bretton is an isolated hamlet high up on a gritstone ridge which rears up above the limestone plateau where the Dark and White Peaks meet. The YHA and the Barrel Inn next door are at about 1000 feet.

Not surprisingly the view is spectacular.

This is a great location and one we may return to as it offers something for everyone. Given the time of year we had no takers on this occasion for the caving possibilities at nearby Castleton and it is only ten minutes to the superb traditional climbing routes of Stoney Middleton Dale.

Towards the top of the dale is the excellent BMC owned Horseshoe Quarry for 100+ sports routes.

John Middleton who was away and unable to join us on the meet but knows the area intimately commented in advance

"The area should make a great venue as it is easy to tie in all the moors on one walk which would give an impressive day with sensational views throughout. Both Bretton and Abney Cloughs contain a rich flora"

Perhaps a spring visit is called for in a few years time?

In the event members gathered during Friday evening, some having done some walking during the afternoon and enjoyed some wonderful food and good company before retiring.

Next morning we awoke to fairly strong winds and rather threatening weather but everyone set out with enthusiasm with all groups heading in the same general direction.

They dropped down into the very attractive Bretton Clough with some following it down to the Derwent at Leadmill and then following the Derwent Valley Heritage Trail.

Others extended this part of the circular by climbing out of the Clough up to Abney and then crossing Offerton Moor to hit the trail further to the north west before heading downstream to Leadmill.

From there, several variations on the theme saw members taking alternate routes back to the hostel.

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Their walks ranged in length from eight to twelve miles.

In following the Derwent south some stuck to the trail whilst other went up onto the Millstone and then Frogatt Edges.





Another party of six followed a middle route starting down the trail but cutting up into the edges of the Longshaw Estate and walking through the woodlands on the slopes of the edge to cross the river at Froggatt.

This did allow them to include a visit to the renowned Station Cafe at Grindleford for generous and good value lunches including chip butties washed down with pints of steaming hot chocolate. Very welcome!



This group returned via the plague village of Eyam before climbing up on to Eyam Edge and back to the hostel.

The weather had been pretty horrible for about an hour, shortly after most had set off but the rest of the day was fine.

After a wash and brush up we went down to the evening meal (1.3 miles and many hundreds of feet descent) mostly by car but a number of intrepid souls did it on foot in the dark despite the cold and very strong winds. We enjoyed a superb three course meal in a private end of the restaurant which was excellent value, before retracing our steps back to the hostel or the hostelry next to it.

The communal breakfasts were well received and the accommodation much admired and we may well return in a few years time. The area was a delight, but without driving out, there would not be many alternatives to what had been undertaken on this meet so it is impractical to come back very soon.

Plans were made for the following day, to little avail as it turned out.

Overnight the weather deteriorated and a raging gale hit this exposed location. Six members had arranged to go gliding at the adjoining club but with the winds and rain and a cloud ceiling not much above the hostel this was out of the question. Most members elected to head for home but three were intent on taking cars to each end of a good walk and walking down-wind between them.

They disappearing into the gloom heading to Peak Forest from where Adrian Bridge, Mike Smith and Mick Borroff walked to Monsal Head, via the various differently named dales. Not apparently a path for grannies - very muddy with lots of slippery rocks along a lot of the way.

Tellingly described as a low level "beck bottoming" route traversing Dam Dale, Hay Dale, Peter Dale, Monk's Dale and Miller's Dale, two of which are National Nature Reserves, the route selected successfully avoided most of the wind and apart from the mud, the conditions were better than expected.

They had good views of the valleys' mills and railway heritage and saw a charm of goldfinches although the flat dull light didn't do them full justice.

The soup in the cafe at Monsal Head with the splendid view down to the River Wye is strongly recommended!

## Attending

Mike Godden (President) Roy Denney (Meet Leader) Keith Raby, Martyn Trasler & Dave Martindale (Catering team) Derek Smithson, George Spenceley, John Lovett, Mike Smith Richard Gowing, David Hick, Paul Dover, Richard Dover, Adrian Bridge, John Jaggard (PM), Mick Borroff, Ian Crowther, Rob Ibberson and

David Large, Alan Clare, Derek Clayton (day visitors)

# AFTER DINNER MEET INGLEBOROUGH 16.11.08

Sixteen members and guests walked from Ingleton via Crina Bottom over the summit of Ingleborough, down to the Hill Inn and back to Ingleton along the bench above Twisleton Scar. The weather was exceptionally good with clear air allowing views further than I can recall seeing before, from the summit.

On the limestone bench above the scar we came upon a shakehole with a remarkable ring of downwards pointing teeth-like clints. It was not unlike a honey-dew plant and nearly ate lain.

After a lunch stop split between the pub and the chapel graveyard, the groups returned, either via Ingleton falls or Beezley falls - both of which had good flows to admire. A most enjoyable walk.

## Attending were:

Adrian Bridge, Mick Borroff, Derek Bush, Roger Dix, Paul Dover, Richard Dover, Paul Exley (our FRC Guest), Iain Gilmour, Richard Gowing, Rob Ibberson, Richard Josephy, Arthur Salmon, Hilary Tearle (Guest), Edward Whitaker (our CPC Guest), Frank Wilkinson and Barrie Wood

Additionally: Tim Josephy, Mike Smith and Nick Welch went to Easegill, visiting Easter Grotto, Gypsum Cavern, Wretched Rabbit Passage, Ignorance is Bliss and exiting via County Pot.

Some parts of the cave were tighter than had been remembered! ADB



# COMPETITION

Win a free laminated map of your choice for the best contribution to the next journal, be it a meet report, article or photograph. The winner will be able to select an OS map of their choice and receive a laminated copy, kindly provided by Guidepost, an on line bookshop, specialising in maps, outdoor books and accessories, and digital mapping.

Dig out those old photos - put pen to paper - help enhance your journal and you never know, you may well win. If there is no clear winner then the better entries will have the contributors names put in a hat and drawn out to receive the map

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YRC journal

# WHERE CAN WE GO

The meets sub committee is always looking for ideas for meets in new venues.

Quite obviously we wish to use classic areas for most of our activities but as a club we have always sought some geographic spread and there are lots of areas which can afford us a good weekend's activity but which would not then be worth visiting again for some time. Despite the limitations on options, areas like Bretton give something for everyone. Pleasant and surprisingly remote walking with good views with good opportunities nearby for both caving and climbing.

Over the years we have visited numerous locations just outside what would normally be considered classic areas but the problem we face is that a number of members cannot be tempted to these areas. They often do not know what they are missing.

We do need members with some knowledge of these areas who are happy to champion them for inclusion in the meets programme. Without delving into the records many meets come to mind where we have enjoyed excellent sport outside our usual pattern of events.

The difficulties are compounded by the fact that hostel type accommodation is less frequent away from the main areas but over the last few years we have made increasing use of YHA hostels and should bear these in mind.

What about Teesdale or the Tyne valleys? Do we go to Northumberland often enough? Should we contemplate Exmoor, Bodmin or Dartmoor again? Should we consider long distance coast paths; The South West or The Cleveland Way? They are not short of climb is just comes in lots of short sharp bursts.

Should we visit the Welsh borderlands, The Mendips or Malvern Hills? Does Anglesey appeal or even the Isle of Man?

Given the roots of the Club do we visit the Yorkshire Dales and Moors as often as they deserve?

What about the Scottish Borders. A good number of us enjoyed an informal meet near the Gatehouse of Fleet some years ago.

It is time for a little lateral thinking. It is nice to have somewhere genuinely different to visit each year.

Similar issues arise with overseas meets. Very interesting both formal and unofficial meets have been held on Tenerife, Crete and Majorca. Should we visit the Picos de Europa? What about Scandinavia?

It is important to get use out of our own huts but variety is the spice of life. Overseas meets are great for those who can find the time (domestic and work considerations permitting).

It is good we put these on but we should find ways of providing UK meets for other members - we do not want long gaps in our calendar as far as the non overseas going members are concerned.

I am sure any ideas will be welcome preferably, but not necessarily, from members who can help organise the activity.

There are areas now open to us under the CroW Act 'Right to Roam' provisions where we could not walk previously. Can we take more advantage of this? Some years ago we held our long walk on the Trough of Bowland ending up back at Lowstern. More of that area is now open to the public, should we contemplate something similar again?

Whilst on the subject of the new access land, many of us who spent countless hours dissecting the draft, then provisional and then conclusive maps of access land back in 2002-04 as part of the process of the CRoW Act are aware that within the next year or so the whole process will be beginning again!

Natural England and DEFRA are currently seeking legal advice on exactly how this new mapping process should work.

The CRoW Act provides for this review but leaves many important questions over the necessary direction and extent of the review unanswered. It is unlikely that exactly the same approach will be undertaken second time around (thank goodness).

The new options being considered include something based on the current coastal access proposals contained within the Marine Bill, and a broader definition based on landscape character.

There are a number of key issues that users would like the review to address, in particular the expansion of the area mapped as downland, the potential inclusion of improved and semi-improved grassland as access land, the improvement of the mapping methodology and the inclusion of a public right of appeal.

Last time we could suggest, landowners could object and if the decision went against them they could appeal but we could not do so.

If there are any pockets of land you are aware of that are not open access land but which you feel could and indeed perhaps should be included but which missed out in the first sweep either contact your local access forum (via your local authority) or let me have details and I will see they get to the appropriate office.

**Roy Denney** 

# **OBITUARY**

# John Paterson Barton 1925 – 2008

Vice President 1974-1976, President 1978 – 1980

Dennis Armstrong was asked by John's family to give the homily at his funeral on Friday 15 August. There were about 30 YRC members and wives attending.

This is what Dennis had to say.



"The family have asked me to say something about John Barton's many years in the Yorkshire Ramblers' Club – the YRC – and his love of the hills. It was through the YRC that I got to know John. Through our days on the hills together, I came to admire his unusual character. He had a calmness that brought forth strength. He had met fools in this world, and he knew only too well the folly of this noisy world. John however thought more than he spoke. His words were therefore to the point, pithy, and were often laced with his own brand of dry humour. It is an honour therefore to be able to pay my respects to a very good friend; and in so doing I know I am also speaking for all the YRC members here present and for the many more members not here but who knew John.

John became a member of our Club in 1948, sixty years ago – the same year, it so happened that he married Irene. Whether that was a coincidence, or whether it was because of, or indeed in spite of, one can only speculate; but what it is quite certain that in that year he took two momentous steps, both of which were to enrich the rest of his life, and along with his Methodist faith, be the foundations of his life.

In those post war years, the YRC resumed its activity in caving and rock climbing. There was an influx of good young men keen to play a full part in these activities. Over the years the club's meets increased in scope. The Whit Meet lasting six days was special. We could go farther a field. There were caving meets in N Ireland, camping meets in the more remote places in Scotland, and winter meets in Glen Etive seeking ice and snow adventures. John was involved in all of these.

It was in the 1970's that I got to know John, who by that time had moved to work in the West Midlands. So when in 1980 I too went to live in the West Midlands, our friendship deepened. We would go to meets together, especially the Welsh meets. In 1983 he persuaded me to go to Glen Etive, although at that time I had no crampons and only an ex-army ice axe. He took me up Bidean Nam Bian. The final bit to reach the summit was a steep snow cliff. John said: "As you have no crampons I'll go first and kick some steps for you. We won't rope up, because if you fell, you'd only pull me off."

His words were more logical than reassuring.

But all went well and the scene on the summit was beyond compare. Not a breath of wind, crisp white snow, bright sunshine, unbroken views in all directions, and many people in shirtsleeves it was so warm. Later that year, we did the Welsh 3000s together, descending off Foel Fras at midnight in deep blackness. He told me to stop singing; it disturbed the sheep!

Alpine Meets were restarted in 1986. John went on the 1987 Meet to Saas Grund, and to his great delight, at the age of 64 aided by John Devenport and David Hick, he climbed his first alpine peak, the Mont Blanc de Chileon – a wonderful experience he never thought would come his way. In 1992, the Club was in Norway. John was with John Snoad and Cliff Cobb, and in a major expedition, traversed the Jostedalsbreen, the largest glacier in Europe. In the following years, four of us in rather less hostile surroundings had a week on the West Highland Way, and later the Dales Way. There was talk of us doing the Southern Upland Way, but finding accommodation proved too difficult.

Scotland was his first love. He was proud of his middle name, Paterson, with its Scottish connection.

He particularly admired Bonnie Prince Charlie. John would have liked to have followed the footsteps of Bonnie Prince Charlie's flight to safety after his defeat at the Battle of Culloden (1746). He greatly admired the Prince's fortitude, surviving three months in typical Scottish weather among the big hills of Creag Mheagaidh and Ben Alder, clad in little more than a bonnet, a plaid and a kilt; and he was proud of the loyalty of the Scots, who despite the huge rewards on offer, never betrayed their Prince. Endurance and integrity were two virtues John could relate to.

John was active in the club's policy. He was Vice President of the Club when I joined the Committee in 1974. In 1978 he was chosen by David Smith to become President and so continued the task that David had begun: of keeping the Club active and up to date.

In the late 90's, when he was over 75, some heart problems developed. These were eventually brought under control, but by then he found that going on meets was more difficult. Irene and he however maintained their Club contacts, enjoying the monthly Lunch at Appletreewick with old friends. I took him to a few more Annual Dinners, but more recently he would say to me over the phone that he found all the noise a bit too oppressive.

If distance kept us apart, we maintained contact by exchanging letters. I tried to make my letters amusing and he would reply in like manner, in his own idiosyncratic way. His last letter came in the New Year, in reply to my Christmas letter. It was still full of sardonic humour, poking fun at the folly of the world, John all over, a delight to read.

Members of the Yorkshire Ramblers' Club are proud of their club. There are of course many mountaineering and caving clubs, but the YRC, being a small club with restricted membership, has a 'something' that we treasure. It has a spirit and that spirit comes from the intermingling of the many and varied characters of the members over the years. John was one such character. He gave much to the YRC and in turn he received from it new wisdom.

We shall miss him."

Dennis Armstrong

# CLUB PROCEEDINGS

# AGM

The Annual General Meeting was held at Whoop Hall Hotel, Kirkby Lonsdale on November 15th with 50 members present.

After a minutes silence to remember members who had passed away since the last AGM, officers' reports and the accounts were debated and adopted and the President, officers and committee were elected for the forthcoming year.

The retiring President thanks Gordon Humphreys for his years of service as Honorary Secretary and nominated four new honorary members which the membership happily approved. These were Ian Gilmour, John Lovett and Gordon Humphries, all members of the Club and Chewang Motup.

The Honorary Secretary as part of his report named those members achieving the status of Life Member having been in the club for 35 years. They were Roy Denney and David Laughton.

The new appointments to positions were:

President - Adrian Bridge (right), Vice President - Mick Borroff, Honorary Secretary - Richard Kirby, Honorary Treasurer Arthur Salmon, Meets Secretary - Jeff Hooper, Membership Secretary - Mick Borroff, Huts Secretary - Richard Josephy, Editor - Roy Denney, Librarian - Albert Chapman, Lowstern Warden - John Lovett, LHG Warden - Gordon Humphries



and committee members without portfolio -

David Handley, Ged Campion and Andrew Syme. (Ian Hawkes who was not present has since confirmed his agreement to be the fourth ordinary committee member to be offered for co-option at next Committee meeting.)

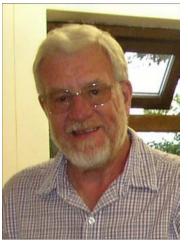
Bill Todd will continue as Club Archivist, Derek Bush as Auditor and Alister Renton will assume the role of Webmaster although none will serve on the committee.

Total membership stood at 183 at the previous AGM.

During the year there were 3 deaths (F David Smith, Chris G Renton and John P Barton), 4 resignations (Mike Ellacot, Wilfred Anderson, John Medley and Jon Riley) and 6 new members (Joe Burfitt, Will Burfitt, Phil Dover, Tony Dunford, Ian Hawkes, Andrew Syme)

# RETIRING PRESIDENT

When I became President, in my first year we had two additional open meetings in 2007 which were a direct result of two mixed membership kindred clubs requesting joint meets. This caused some speculation and may have had some influence on the recent request for the Club to look



at mixed membership again. As I write, no doubt the new President will be pondering the words to be used on the Ballot Paper to members on this issue, to be sent out with the new handbook.

It has been a busy two years in which the lease for Low Hall Garth was finally signed, and the much needed improvements completed. Those matters identified concerning the future of the Club, Health and Safety, Child Protection, and the general administration have been successfully addressed and now need constant attention, particularly the annual risk assessments for our properties.

I find it very gratifying that our Lads/Dads/ and Grandads meets have been so successful. However, I feel great disappointed that the redrafting of our rules, bye-laws, and general guidelines could not be presented to the members at the 2008 AGM. In retrospect, perhaps our time scale was too tight, but no doubt this will be progressed in 2009.

The work on the LHG Barn conversion has proceeded at a pace faster than I would ever have thought, and this is due to the persistent efforts of its leader.

In proposing the four honorary members at the AGM I was conscious that a great deal had been achieved over the past two years and no new honorary members had been proposed since 2003.

My opinion in this respect is that Honorary Members should not necessarily be proposed because they have been in the Club a long time, but that they are recognized as Members who came forward and made a substantial contribution to the Club by their own acts, and which deserve recognition.

lain Gilmour (18 years membership) has served without limitation of effort as Warden at Low Hall Garth 2002 to 2007, and directed the refurbishment in 2007 with success and great professionalism, assisted by our late friend and colleague, Chris Renton.

John Lovett (58 years membership) has considerably improved Lowstern during his Wardenship, and this year has planned, organized, and successfully seen the introduction of our own dedicated water supply to Lowstern.

His local knowledge and the trust of local farmers enabled him to keep Lowstern operational throughout the long period when there was no water flowing in the water main to Lowstern.

A considerable amount of revenue would have been lost if we had been forced to close Lowstern to visitors.

Gordon Humphreys has been a member now for 57 years, and since he became responsible for Low Hall Garth Barn has worked continuously to see the job through. There is no doubt in my opinion that he will receive much praise when the 1st phase is finished. The improvement to the overall enjoyment of LHG will be considerable.

My last proposed Honorary Member is not a present club member but has served the YRC over the last 20 years by providing excellent and professional service on our trips to the Himalaya. He is Chewang Motup. Motup and his wife Yangdu Gombu have not only provided us with every facility through their trekking business – Rimo Expeditions, but used their considerable experience to enhance our expeditions. Lasting friendships have been formed with YRC members, and over the past 12 years Motup has met over 40 members of the YRC. I think Honorary Membership is well deserved.

Finally, I would like to thank all the members of the Committee, and the many organizers of meets and other projects, for their help during the past two years. In particularly my Vice President, who has given me good advice and support throughout.

The Editor of our Journal deserves particular recognition for his constant efforts to produce a publication for which we are all proud.

Adrian Bridge, as President Elect, has also been very supportive and I wish him well in the knowledge that you will all give him your support during the next two years.

To summarise, your Committee's achievements during my two years as President are as follows:-

Improvement of Committee procedures.

New caving tackle recording system.

Annual risk assessments for huts.

Continued H & S monitoring.

Successful improvements at LHG.

Lads and Dads climbing meets introduced.

Child Protection and H & S policy statements written.

New booking procedure for huts to cover Child Protection requirements.

Re-drafting of the club rules to bring them up to date. Work has commenced on LHG Barn.

A new uninterrupted water supply to Lowstern.

Mike Godden.



# CLUB DINNER

The Club Dinner followed shortly after the AGM at the Whoop Hall and our Principal Guest this year was Hugh Montgomery, Professor of intensive Care Medicine, and Director of the UCL Institute for Human Health and Performance.



His research has focused on identifying

'mechanisms of health', studying the genetics of (amongst others) soldiers, climbers, Olympic athletes, and mountaineers. He was author of the first description of a gene influencing human physical performance in the prestigious scientific journal Nature.

He has had over 150 publications including, amongst others, several in 'Nature', 'Lancet' and 'Circulation'

He was research director for the 2007 Caudwell Xtreme Everest Expedition, viewing exposure to very extreme environments as a unique way of investigating human response to life-threatening illness in critical care. He has a practical and research interest in extreme environment physiology and his talk to us was both entertaining and fascinating.

He climbs in the Alps, Himalayas and Andes; holds a Cat X skydiving qualification and was a member of the diving team that raised the Mary Rose from the Solent in 1982. He also participates in occasional ultra marathons (100km).

He is best known for a groundbreaking study in 1998, when he and his team at UCL discovered the role of the Angiotensin-Converting Enzyme (ACE) gene in human fitness. At that point it had been established that everyone had two copies of the gene that produces ACE, known as 'l' and 'D'. These variants are equally common, so 25% of us have two 'l' versions ('II'), 50% an 'l' and a 'D' (ID), and 25% two 'D' versions (DD). Among army recruits, 'II' subjects showed improvement in repetitive weightlifting that was 11 times greater than those with two 'D' versions. The I-variant was also more prevalent amongst elite UK mountaineers.

Hugh's own gene variation is 'DD', but he takes a philosophical approach: "The existence of Olympic marathon runners with the 'DD' variation proves the point that having the right sort of gene variation does not make it impossible to achieve anything. Having the 'l' variation simply improves the odds of a person being highly effective at endurance sports."

Last year a BBC Horizon team spent three and a half months following Hugh and a team of doctors on their journey to

the summit of Everest. The programme 'Everest: Doctors in the Death Zone' was superb and if you missed it and it is shown again make every effort to see it this time. This unique expedition, called Xtreme Everest, sought to determine how a team of scientists and clinicians would battle with the gruelling conditions to gain a greater understanding of how the human body works.

The purpose of the research is to draw parallels between the human body pushed to its limits during critical illness, and the changes that will occur when they are exposed to Everest's harsh environment. The human body can cope with remarkable extremes of temperature, from desert to Arctic conditions. It can also endure long periods of starvation and thirst – as any survivor cast adrift at sea will testify. We can tolerate intense pain and put up with unimaginable hardships, as some of the toughest commandos fleeing an enemy over hundreds of miles will recall. The capacity of the body to recover from the most devastating trauma is impressive and the power of the survival instinct never ceases to surprise.

Climbing Everest is hard enough, but they were also using it as a laboratory to investigate understanding of critically ill patients with themselves as guinea pigs. The project was designed to discover why some people are better able to cope with a lack of oxygen than others. By taking blood and tissue samples from each other and undertaking extreme exercise at a series of high altitude "laboratories", they hoped to replicate the problems of patients in intensive care, who suffer similar low oxygen levels to the climbers on Everest. Throughout the expedition, the Xtreme Everest team looked closely at the impact of Mount Everest's extreme conditions on the human body, taking physiological measurements during the ascent and upon the summit of the mountain. The team measured the amount of oxygen in their own blood as well as running tests to measure how well their brains, lungs and metabolisms were working at extreme altitudes.

One aspect of particular interest is the effect of fear on performance. Fear or anxiety is actually a good thing for most people; it leads to an increase in adrenalin production which in turn increases the speed of emotional, physical and mental responses. It makes you think faster, very useful in critical situations.

The Xtreme Everest team climbed from the south, via the South East Ridge, setting up labs at Base Camp (5300m), in the Western Cwm (6400m) and even doing some experiments on the South Col (7950m). The climbing team also sampled arterial blood on the Balcony at 8400m.

The climbers were confronted with temperatures down to -40°C, high winds, and critically low oxygen levels. Frostbite, exhaustion, hypothermia and high altitude illness were ever-present and potentially fatal risks. Parallel studies will include a population genetic study of Tibetans, who have adapted to living at high altitudes for thousands of years, and a project by researchers at UCL which will take 1,000 fit young men and expose them to low levels of oxygen to

determine how their bodies would cope with similar conditions to those on Mount Everest.

The team are now back in the UK and many of the 47 doctors, nurses and other health professionals have already returned to their regular jobs at GP surgeries or hospitals up and down the UK. Others have stayed on to help process the research and the main body of results is likely to be published sometime soon. The findings now being analysed will be used to improve intensive care treatment for patients suffering from a range of life-threatening conditions including blue babies, congenital heart disease, chronic bronchitis, cystic fibrosis etc.

In thanking Hugh for his contribution he kindly commented that the pleasure was all his. "What delightful company, venue, food and even scenery the next day (although my nine and a half hour coach- and- rail journey home gave me better views of Lancaster, Preston, Birmingham, Manchester, Banbury, Oxford, and Marylebone)"

He offers the members his best wishes, and thanks for such generous hospitality.

Attending the dinner were-

Members

Ken Aldred **Dennis Armstrong** Mick Borroff Adrian Bridge Alan Brown G. D. Bull **George Burfitt** William Burfitt Derek Bush Ged Campion John Casperson Peter Chadwick Albert Chapman Iain Chapman Iain Crowther **Robert Crowther** Roy Denney Roger Dix Paul Dover **Richard Dover** David Gamble Iain Gilmour Mike Godden **Richard Gowing David Handley** John Hemingway David Hick **David Holmes** Jeff Hooper **Gordon Humphreys Howard Humphreys Rob Ibberson** 

**Raymond Ince** John Jenkin **Richard Josephy** Tim Josephy Alan Kay Mike Kinder **Richard Kirby** Cliff Large David Large **David Laughton** Alan Linford **Bill Lofthouse Tim Lofthouse** Harvey Lomas John Lovett Don MacKay Aaron Oakes George Postill Harry Robinson Arthur Salmon Graham Salmon **Trevor Salmon** John Schofield **Michael Smith George Spenceley** John Sterland Bill Todd John Varney Frank Walker Nick Welch Frank Wilkinson Barrie Wood

Club Guests

Bob Arkwright

Paddy Buckley

Dr Farrer

Representing

Hugh MontgomeryPrincipal GuestDick CourcheeGritstone ClubPeter DixonWayfarers' ClubEdward WhittakerCraven PotholeBob AllenThe Climbers ClPaul ExleyFRCC

Gritstone Club Wayfarers' Club Craven Pothole C. The Climbers Club FRCC Bradford Pothole Club SMC Hon. Member

## **Guests of Members**

Eric Atkinson Gary Chapman Tony Durham Stewart Evans Chewang Gobat Alan Hanbury Sandy Lofthouse









YRC journal





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# **ROLL OF HONOUR**

# PRESIDENTS

PRESIDENTS		
1892-93	Geo T Lowe	
1893-03	Wm Cecil Slingsby	
1903-06	Alfred Barran	
1906-09	Rev LS Calvert	
1909-12	Lewis Moore	
1912-19	Walter Parsons	
1919-22	WA Brigg	
1922-23	JC Atkinson	
1923-25	EE Roberts	
1925-27		
1927-29		
1929-30		
1930-31	T Gray	
1931-32	AE Horn	
1932-34	WV Brown	
1934-36	-	
1936-38		
1938-46		
1946-48		
1948-50	CE Burrow	
1948-50	Davis Burrow	
1952-54		
	HL Stembridge	
1954-50 1956-58	-	
1958-60		
1960-62	FW Stembridge RE Chadwick	
1962-64		
1964-66	WPB Stonehouse	
1966-68		
1968-70	0 0	
1970-72	AB Craven	
1972-74	BE Nicholson	
1974-76	JB Devenport	
	FD Smith	
1978-80		
1980-82		
	WA Linford	
1984-86	JD Armstrong	
	PC Swindells	
	AC Brown	
1990-92	DA Smithson	
1992-94	GA Salmon	
1994-96	CD Bush	
1996-98	TW Josephy	
1998-00	WCI Crowther	
2000-02	AR Chapman	
2002-04	ТА Кау	
2004-06	K Aldred	
2006-08	FM Godden	
2008 -	A D Bridge	

# HONORARY MEMBERS (PAST)

(	
1892	Edward Whymper
1892	Wm Cecil Slingsby
1892	Clinton T Dent
1892	8th Duke of Devonshire
1892	Charles E Matthews
1892	The Earl of Wharncliffe
1893	Charles Pilkington
1893	Charles F Tetley
1893	Gerald W Balfour, MP
1893	Sir W Martin Conway

1900	Horace Walker
1907	Sir Alfred Hopkinson
1907	EA Martel
1907	G Winthrop Young
1909	Dr Norman Collie
1909	James Anson Farrer
1921	George Yeld
1921	George T Lowe
1923	Charles Scriven
1925	Canon AD Tupper-Carey
1939	Sydney J Farrer
1939	Walter Parsons
1946	Robert de Joly
1949	Ernest E Roberts
1955	Sir R Charles Evans
1956	Harry Spilsbury
1959	Fred Booth
1959	Davis Burrow
1965	Clifford Chubb
1965	Jack Hilton
1968	EC Downham
1968	S Marsden
1968	HG Watts
1977	HL Stembridge
1985	A David M Cox
1998	Major W Lacy TD
1990	FD Smith

# HONORARY MEMBERS (CURRENT)

•	,
1988	Dr John Farrer
1997	Derek Bush
1997	George Spenceley
2001	Alan Brown
2003	Alan Linford
2008	lain Gilmour
2008	Gordon Humphries
2008	John Lovett
2008	C. Motop

# VICE PRESIDENTS

VICEIII	
1892-93	H Slater
1919-22	EE Roberts
1892-93	G Arnold
1921-23	F Constantine
1893-94	G T Lowe
1922-24	P Robinson
1893-94	L Moore
1923-25	JF Seaman
1898-00	Rev LS Calvert
1924-26	M Botterill
1899-01	JC Atkinson
1925-27	L Moore
1900-02	A Barran
1926-28	W Villiers Brown
1901-03	Dr Tempest Anderson
1927-29	CE Benson
1902-04	Dr FH Mayo
1928-30	CE Burrow
1903-05	W Parsons
1929-31	WA Wright
1904-06	JA Green
1930-32	C Chubb
1908-10	F Leach
1931-33	GL Hudson
1909-11	C Hastings
1932-34	FS Smythe

1910-12	A Rule
1933-35	JM Davidson
1911-13	JH Buckley
	•
1934-35	GA Potter-Kirby
1912-14	CA Hill
1935-37	J Hilton
1913-19	AE Horn
1935-37	H Humphreys
1914-19	H Brodrick
1937-46	
	A Humphreys
1919-21	CRB Wingfield
1938-46	H Armstrong
1946-48	D Burrow
1946-48	AL Middleton
1948-49	GS Gowing
1948-50	GC Marshall
	HG Watts
1949-50	
1950-52	S Marsden
1950-53	J Godley
1952-54	FS Booth
1953-55	FW Stembridge
1954-56	RE Chadwick
1955-57	GB Spenceley
	• •
1956-58	CW Jorgensen
1957-59	JA Holmes
1958-60	JE Cullingworth
1959-61	J Lovett
1960-62	WPB Stonehouse
1961-63	MF Wilson
1962-64	EC Downham
1963-65	BE Nicholson
1964-66	JA Dosser
1965-67	FD Smith
1966-68	MD Bone
1967-69	AR Chapman
1968-70	JD Driscoll
1969-71	J Hemingway
1970-72	EJ Woodman
1971-73	WA Linford
1972-74	AJ Reynolds
1973-75	JG Brook
1974-76	JP Barton
1975-77	WR Lofthouse
1976-78	J Williamson
1977-79	N Newman
1978-80	J Stuttard
1979-81	GA Salmon
	OA Jannon
1980-82	
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1981-83 1982-84 1983-85 1984-86 1985-87 1986-88 1987-89 1988-90 1990-92 1992-94 1994-96 1996-98 1998-00 2000-02 2002-04	PC Swindells DA Smithson TW Josephy DJ Atherton GR Turner AC Brown R Cowing CR Allen DRH Mackay WCI Crowther H Robinson K Aldred IFD Gilmour DA Hick DJ Handley G Campion
1981-83 1982-84 1983-85 1984-86 1985-87 1986-88 1987-89 1988-90 1990-92 1992-94 1994-96 1994-96 1998-00 2000-02 2002-04 2002-04	PC Swindells DA Smithson TW Josephy DJ Atherton GR Turner AC Brown R Cowing CR Allen DRH Mackay WCI Crowther H Robinson K Aldred IFD Gilmour DA Hick DJ Handley G Campion FM Godden RA Kirby
1981-83 1982-84 1983-85 1984-86 1985-87 1986-88 1987-89 1988-90 1990-92 1992-94 1994-96 1996-98 1998-00 2000-02 2002-04 2004-06 2006-08	PC Swindells DA Smithson TW Josephy DJ Atherton GR Turner AC Brown R Cowing CR Allen DRH Mackay WCI Crowther H Robinson K Aldred IFD Gilmour DA Hick DJ Handley G Campion FM Godden

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 1893-99
 H Slater

 1899-04
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 1904-21
 AE Horn

 1924-24
 C Chubb

 1924-51
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 1951-78
 S Marsden

 1978-83
 D Laughton

 1984-90
 JD Armstrong

 1990-98
 TA Kay

 1998-- GA Salmon

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1959-66	FD Smith
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1962-66	FD Smith
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1997	R Josephy

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1986-89	WA Linford
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This twice yearly publication is both a journal of the activities and proceedings of the club and a source of articles on a range of subjects provided by the membership from their great range of interests.

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Requests can be addressed to the Club's Honorary Secretary or Editor who will advise on costs etc.

The journals over the years have included articles on climbs, caving exploits, skiing, sailing, expeditions; natural history, archaeology, folklore and many other similar subjects.

They occasionally include material from non-members who are happy for us to reproduce their work but we cannot pass these on in electronic form due to copyright considerations.

The opinions expressed in the publication are not necessarily those of the Club or its officers.

The current series of journals goes back to Summer 2006. Series 12 goes back to summer 1994 and is held in electronic form. Series 12 was under the title of the 'Yorkshire Rambler'.

Earlier journals can be accessed for information and go back to the formation of the club in 1892

# Articles in the more recent past include:

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# Issue 3 Series 13 - Summer 2007 includes:

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The badges are available in two versions, either the straightforward 50 mm diameter circular badge or a larger, 65 mm diameter version with the words `A mountaineering and caving club founded in 1892' around the outside.

The range includes Tee-shirts, sweatshirts, polo shirts, fleece jackets of several grades and designs, knitted jumpers, cagoules and parkas.

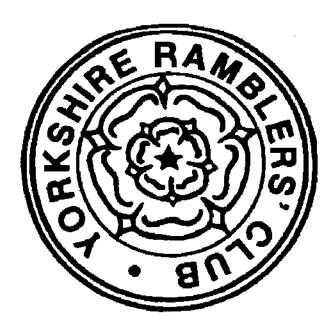
There is a full range of sizes from S to XXL. The smaller badge can be embroidered onto any items; which are available in a wide range of colours, but the larger badge can only be done on to an item coloured in YRC bottle green.

Discuss your requirements by contacting Rob Ibberson or better still; see him at a meet, where he will be able to show you the samples and illustrated catalogues showing all the items available.

# YRC

# www.yrc.org.uk

# YORKSHIRE RAMBLERS CLUB



Established 1892

Affiliated to The British Mountaineering Council www.thebmc.co.uk

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